



@CassioburyJM

CASSIOBURY JUNIOR SCHOOL NEWSLETTER No 3

Friday 20th September 2024

Dear Families,

Messages from Miss Sherry..

Please check the weather forecast for next week! Heavy rain is due and we will still send the children outside so please ensure they have a coat with a hood.

CSA AGM

This week our CSA met with new volunteers for their AGM. Both schools were gifted £9k last year thanks to the efforts of a small band of dedicated parents. We also discussed that, alongside fundraising, they were also providing fun experiences for the children. If you can help please let them know. You do not have to help throughout the year, just one event is a start! Well done CSA!

Jeans for Genes Day

Thank you for donating to our Jeans for Genes day – we raised over £250! Thank you!

Parent Reps

Thank you to our parents and carers who attended the Parent Rep meeting this morning. We have the following parents representing your class:

Hima (Anaya's Mum) – 3 Ash
Laura (Sophia's Mum) – 3 Alder
Lana (Margot's Mum) – 4 Hawthorn
Vicky (Seth's Mum) – 4 Hawthorn
Hima (Riyan's Mum) – 4 Hazel
Dorota (Zofia's Mum) – 4 Hazel
Kiran (Ashwin's Mum) – 5 Pear
Carla (Millie's Mum) – 5 Pine
Kate (Rosie's Mum) – 6 Oak

We have **vacancies** in 3 Apple, 4 Holly, 5 Poplar, 6 Beech and 6 Maple – if you are interested in being a Parent Rep, please contact Mrs Harrison in the School Office.

Year 6 Residential (general information) Meeting – NEXT Friday 27th Sept 2024 – School Hall

We will be holding a Year 6 Residential (general information) Meeting on Friday 27th September 2024 at 9am in the School Hall. As this is a general residential meeting, we also welcome Year 5 parents and carers to attend if you would like to.

Birthday/Celebration Sweets or Food

NO sweets or food should be distributed by staff or children due to the range of allergies and food rules within the school.

It is up to the parents to hand the sweets out. Parents cannot defer the sweets to a member of staff. Children are also not allowed to hand out sweets to anyone. Please remember that our school is nut-free and consideration must be given to allergies. Thank you.

Free Online Workshop delivered by the Ben Kinsella Trust 6.30-8.30pm 25th September 2024

Given recent events in and around Watford over the past few weeks, parents and carers may be struggling to have appropriate conversations with their children regarding local news stories. How safe do our children feel and what risks do they face?

Expert trainers from The Ben Kinsella Trust are offering FREE virtual workshops for parents, carers, extended family members and those in the wider community to help them have those tricky conversations with their children and friends about safety.

Please reserve a ticket using the link below.

https://benkinsellatrust.beaconforms.com/form/498546b0?fbclid=IwY2xjawFY0LFleHRuA2FlbQlxMQABHRIw05Mq9VSqn1FLftfAMSCrR6moeHQX-VIAD2dWmTn1qOoTMrSntirjQ_aem_0vg-MqofoFlxEYtVTKV8nQ&sfnsn=scwspwa



Do you follow up on X (Twitter)? We give regular updates informing you of events happening in school and also some photographs of the children busy with their work! Please visit @CassioburyJM

Daisy's Arc

September is Childhood Cancer Awareness Month. Please see an email from Daisy's parents. Daisy attended Cassiobury Junior School.

Daisy, our only daughter, was taken by this rare cancer called Rhabdomyosarcoma aged 13. Prior to the diagnosis she was an active and fit child with 100% attendance at Cassiobury primary and Rickmansworth secondary school.

To honour Daisy's memory we ask for help and support to raise awareness and funds to find a cure for the children diagnosed in the future.

I have attached two posters (see below) we have created for this campaign. Daisy's Arc exists to fund research into Rhabdomyosarcoma, it is part of a charity called Alice's Arc together with other families (the Arcs) impacted by this cruel disease.

Direct Link to Daisy's Arc:

<https://www.alicesarc.org/arc/daisy-birikorang/>

Direct Link to Daisy's Arc Just Giving page:

<https://www.justgiving.com/fundraising/Alan-Birikorang>

CSA Cake Sale - Friday 27th September 2024

Please see the flyer below regarding the CSA Cake Sale next Friday 27th September 2024.

Squirrels Helper required

Would you like to volunteer and help the Squirrel Leader on a Thursday? Are you interested in craft and could volunteer some time? Squirrels are aged between 4 and 6 years old. If you are interested in helping, please contact Catherine (catherinedavis1410@outlook.com).

*Special Mentions

3 Alder – **Paarisa H & Haaris U** - for being fantastic role models in the classroom, following expectations, taking pride in their presentation and making great contributions. Well done both!

3 Apple – **Ibrahim M** - for using some lovely description in his adventure story to show a character is in danger - keep it up! **Avantika M** - for always being ready to learn and for taking pride in her work - keep it up!

3 Ash – **Zaid F** - for trying his hardest and doing his best during assessment week this week.

4 Hawthorn – **Eren R** - for working hard on his writing and improving it and **Amara M** - for always doing what she is supposed to do and listening carefully.

4 Hazel – **Maya-India P** - for excellent bounce passes and chest passes in PE and **Mellese M** for producing fantastic writing using a variety of language techniques.

4 Holly - **Daisy M** - for working hard on her handwriting this week and **Kaashvi A** - for producing a lovely piece of writing to go with her graphic novel.

5 Pear - **Leona V** - for responding very well to feedback given in English and **Amir N** - for settling well into his new class.

5 Poplar - **Haytham K** - for improving the vocabulary in his writing and **Freya T** - for being a supportive friend and showing kindness to her peers.

5 Pine - **James D** for being on task working hard in his learning. James was also noticed on more than one occasion helping friends and being a great example to his peers. Well done James! **Damaine B** - for working really hard in his Maths and Guided Reading this week! Keep it up Damaine!

6 Beech – **Miles G** - for always contributing to class discussions and Aamani A for setting a good example to others.

6 Maple – **Leo P** - for his excellent vocabulary contributions to discussions in writing lessons and **Claudia M** - for showing commitment to her home learning and modelling excellent work with it to her peers.

6 Oak – **Sebastian N** - for good concentration in English lessons and **Roisin M** - for active participation in all lessons.

Thank you to..

Poorani B & Rayaan K – **6 Oak** – for being excellent Office Monitors this week – thank you!

Well done to..



Matthew B – **3 Alder** - passed his stage 4 swimming over the weekend, he's moved up to stage 5 – Well done!



Sophia M – **3 Apple** - came 2nd place in the Dusty Devils cyclo cross race on Saturday – Well done!



Adam B and **Shray P** - **5 Pine** and **Kasim R** - **5 Pear**. All received medals as part of the U9 West Herts County Cricket youth team. - Well done!

Have a lovely weekend!

Miss Sherry and the School Office Team

DATES FOR YOUR DIARY

SEPTEMBER 2024	
25 th	10.30am to 11.45am – Year 3 & Year 5 Cross Country Competition @ Watford Boys Playing Fields (Fullerians)
27 th	Year 6 Residential (general information) Meeting (Year 5's also welcome to attend)
27 th	CSA Cake Sale after school
OCTOBER 2024	
4 th	Parent Rep Meeting – 9am – Miss Sherry's office
10 th	Year 5 & 6 Explorer Dome @ School – more details to follow
Sunday 13 th	Year 5 & 6 Choir Concert with Hemel Hempstead Band & Strictly a Cappella – see separate correspondence for booking tickets
14 th & 15 th	Year 6 Height and Weight with School Nurse – see email for more details
16 th	Harvest Festival – more details to follow
21 st & 22 nd	Parent/Teacher Consultations – more details to follow
28 th – Fri 1 st November	Half Term
NOVEMBER 2024	
8 th	Parent Rep Meeting – 9am – Miss Sherry's office
11 th	Remembrance Day
20 th	Flu Nasal Vaccination Day
25 th – 28 th	Science Week – more details to follow
28 th	Open Morning – more details to follow
29 th	Occasional Day – School Closed
DECEMBER 2024	
10 th	Year 3 Production to parents - TBC
11 th	Year 6 Pantomime – more details to follow
12 th	Year 5 Christmas Concert – more details to follow
13 th	Flu Vaccination (for those who did not have on 20 th November 2024)
13 th	Christmas Dinner and Christmas Jumper Day
13 th	CSA Cake Sale after school
18 th	Year 3, 4 and 5 Pantomime – more details to follow
20 th	Autumn Term 2024 ends at 1.30pm
JANUARY 2025	
6 th	Inset Day
7 th	Spring Term 2025 starts
10 th	Parent Rep Meeting – 9am – Miss Sherry's office
FEBRUARY 2025	
6 th	Open Morning – more details to follow
7 th	Parent Rep Meeting – 9am – Miss Sherry's office
10 th	Year 6 – Young Voices Concert – PM and Evening
10 th – 14 th	Art Week – more details to follow
14 th	CSA Cake Sale after school
17 th – 21 st	Half Term
MARCH 2025	
5 th – 7 th	Art Exhibition – more details to follow
7 th	Parent Rep Meeting – 9am – Miss Sherry's office
13 th	Open Morning – more details to follow

APRIL 2025	
4 th	Parent Rep Meeting – 9am – Miss Sherry's office
4 th	Mini Marathon Fun Run – more details to follow
4 th	Spring Term 2025 ends at 1.30pm
Tues 22 nd	Summer Term 2025 starts
MAY 2025	
2 nd	Parent Rep Meeting – 9am – Miss Sherry's office
16 th	Peace Hospice Charity Walk – more details to follow
16 th	CSA Cake Sale after school
22 nd	Open Morning – more details to follow
26 th – 30 th	Half Term
JUNE 2025	
6 th	Parent Rep Meeting – 9am – Miss Sherry's office
9 th – 13 th	Year 6 Residential Trip – more details to follow
20 th	Sports Day
27 th	CSA Cake Sale after school
26 th	Open Morning – more details to follow
JULY 2025	
4 th	Parent Rep Meeting – 9am – Miss Sherry's office
4 th	Reserved Sports Day
10 th	Transition Day
18 th	Summer Term 2025 ends at 1.30pm
21 st	Inset Day
22 nd	Inset Day
23 rd	Inset Day



CAKE *Sale*

Fundraising for Cassiobury Infant & Junior Schools



Don't Miss It

**FRIDAY, 27TH SEPTMBER
3-3.30PM**

Please bring cakes and bakes to the Oak Room or Junior School office on Thursday 26th PM, or Friday 27th AM. Please clearly list all ingredients on homemade goods.

Absolutely no nuts please!



Go Gold for Childhood Cancer Awareness Month



Cancer is the **number one** cause of death by disease for children under the age of 14 in the UK.



There are **88 different types** of children's cancer.



1,838 new cases in children each year, on average, in the UK*.



253 children in the UK die from cancer each year. This is more than 4 children each week*.



Only **4 new drugs** have been approved in the last 20 years to treat childhood cancers.



90% of long-term cancer survivors will develop serious health issues as a result of current treatments.



Among children in the UK, **cancer is highest in the under-fives***

DAISY WAS DIAGNOSED IN AUGUST 2022 WITH STAGE 4 ALVEOLAR RHABDOMYOSARCOMA, AGED 12. SHE UNDERWENT CHEMOTHERAPY AND RADIOTHERAPY FOR FRONTLINE TREATMENT. JUST BEFORE DAISY WAS DUE TO START MAINTENANCE CHEMOTHERAPY SHE RELAPSED. RELAPSE TREATMENT DIDN'T WORK, THE DISEASE PROGRESSED.

DAISY PASSED AWAY ON 27TH NOVEMBER 2023, AGED 13 YEARS OLD.

[HTTPS://WWW.ALICESARC.ORG/ARC/DAISY-BIRIKORANG/](https://www.alicesarc.org/arc/daisy-birikorang/)

TO HONOUR DAISY'S LIFE AND CONTINUE THE FIGHT AGAINST CANCER WE HAVE JOINED ALICE'S ARC TOGETHER WITH OTHER FAMILIES IMPACTED BY RHABDOMYOSARCOMA TO FUND RESEARCH AND FIND A CURE.

RESEARCH MAKES THE DIFFERENCE BETWEEN LIFE AND DEATH.

HELP US TO CHANGE THE STORY.

PLEASE SUPPORT CHILDREN DIAGNOSED IN THE FUTURE BY MAKING A DONATIONS AND/OR SHARING. SHARING OUR POST.



*SOURCE CRUK 2017-2019 AND CRUK 2016-2018



Go Gold for Childhood Cancer Awareness Month

Spot the Signs*

✧ Think Daisy's Arc ✧

✧ D ✧ DISCOMFORT: PERSISTENT PAIN (ANYWHERE IN THE BODY). A NEW LIMP OR SLOW RECOVERY AFTER INJURY.
✧ A ✧ APPEARANCE: YOUR CHILD LOOKS PALE OR HAS A SWOLLEN TUMMY.
✧ I ✧ IRRITABILITY OR CONSTANT EXHAUSTION.
✧ S ✧ SWELLING OR A LUMP THAT IS PERSISTENT.
✧ Y ✧ YOU ARE CONCERNED !!!

✧ S ✧ SICKNESS OR NAUSEA. LOSS OF WEIGHT.

✧ A ✧ A NEW RECURRENT HEADACHE. DISTURBANCE IN VISION.
✧ R ✧ RECURRENT HIGH TEMPERATURE OR NIGHT SWEATS. BLEEDING, EXCESSIVE BRUISING, BLOOD IN THE URINE.
✧ C ✧ COUGH. A PERSISTENT COUGH THAT DOESN'T GO AWAY AND MAKES IT HARD TO BREATHE.

PLEASE REMEMBER THAT IF YOUR CHILD HAS SOME SYMPTOMS FROM THIS LIST, IT DOES NOT MEAN THAT THEY HAVE CANCER. THE LIKELIHOOD IS THAT THEY HAVE A NORMAL CHILDHOOD ILLNESS, BUT IF YOU ARE WORRIED SOMETHING IS JUST NOT RIGHT, PLEASE GET YOUR CHILD REVIEWED BY YOUR GP.

MOST OF THE TIME, THE CAUSE OF THESE SYMPTOMS WILL NOT BE CANCER. HOWEVER IF IT IS CANCER, AN EARLY DIAGNOSIS CAN HELP THE TREATMENT OF SOME CANCERS.



*SOURCES:
[HTTPS://WWW.CANCERRESEARCHUK.ORG/ABOUT-CANCER/CHILDRENS-CANCER/SYMPTOMS](https://www.cancerresearchuk.org/about-cancer/childrens-cancer/symptoms)

[HTTPS://WWW.GKCC.ORG/INFORMATION-AND-SUPPORT/ABOUT-CHILDHOOD-CANCER/THE-SIGNS-AND-SYMPTOMS-OF-CHILDHOOD-CANCER/KNOWTHESIGNS/](https://www.gkcc.org/information-and-support/about-childhood-cancer/the-signs-and-symptoms-of-childhood-cancer/knownthesigns/)

