



@CassioburyJM

CASSIOBURY JUNIOR SCHOOL

NEWSLETTER No 11

Friday 22nd November 2024

Dear Families,

Messages from Miss Sherry

December is nearly upon us and, as usual, we will have trees, decorations and Christmas cards. The post box will be available to the pupils from Monday 2nd December to Monday 16th. This is my annual reminder to say that, some children never receive cards. When cards are handed out in class this can make children feel very left out. If your child is writing cards, please consider ALL children in the class. It is called, 'the season of goodwill!'

Internet Outage

Thank you for your patience with our Internet outage this week. It is a serious fault affecting us and several houses in the road and even the local pharmacy! Just like children getting off devices, it is amazing what else we have achieved. Please remember that we are really restricted in what we can access until this is fixed.

Writing morning – NEXT Thursday 28th November 2024

Next Thursday you are invited to join me for a brief talk about writing and then an opportunity to pop into your child's class to see what they are learning in writing. I anticipate an 8.55am to 9.30am duration. Please come to the hall via the School Office. This event is not suited to younger children or buggies.

Non-uniform day – NEXT Thursday 28th November 2024

Mrs Cooper, from the Infants School, and I have both agreed to a non-uniform day on Thursday 28th November 2024 specifically to collect boxes of tissues and anti-bac soap (not handsanitiser) to see us through the winter. More details and reminders to follow.

Occasional Day – NEXT FRIDAY 29th November 2024

Please note that the school will be closed on Friday 29th November 2024 for our Occasional Day.

Updated attendance policy

Please see our updated attendance policy on the website.

Important message to parents from Public Health and the NHS

Please see the important letter below from Public Health and the NHS.



Christmas School Dinner – Friday 13th December 2024

Please see separate correspondence regarding how to book your child's school Christmas Dinner. If your child has regular school dinners then please book on the School Gateway, as normal, by Monday 2nd December 2024.

If your child always has a packed lunch but would like the Christmas Dinner, please see the letter regarding how to book.

Any queries, please do not hesitate to contact Mrs Harrison in the School Office.

Christmas Hamper Raffle

Please see the flyer below regarding the Christmas Hamper Raffle – if you would like to purchase more tickets, these are available to collect from the School Office.

Please remember to drop off your Christmas Hamper donations to the School Office.

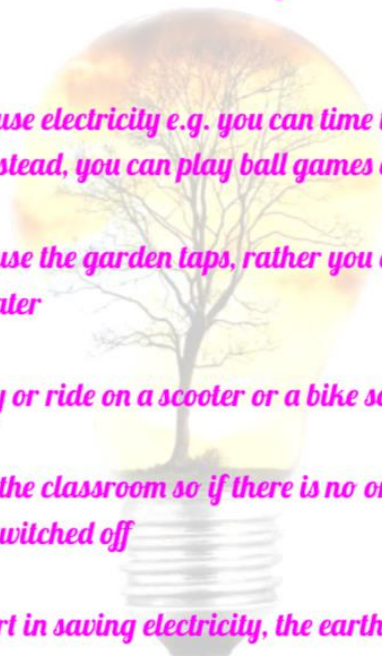
Eco-Council weekly news – written by - Audrey L – 3 Alder

How to save electricity

Electricity is definitely something we can't live without nowadays and it comes with a cost of using it. So we need to adopt energy-efficient practices to help keep the usage in check

- 1. Turn off the lights when it is not needed e.g. don't turn on the lights till late on a sunny day.*
- 2. Be wise when you use electricity e.g. you can time the usage on Ipad and computers. And instead, you can play ball games or read books*
- 3. You don't have to use the garden taps, rather you can put a bucket out there and collect rain water*
- 4. Walk occasionally or ride on a scooter or a bike so we drive less*
- 5. Install a sensor in the classroom so if there is no one in there, the lights will be automatically switched off*

If everyone play their part in saving electricity, the earth will be healthier



*Special Mentions

3 Alder – Mendim A – for working really hard to develop his handwriting and presentation. Keep it up! **Rajan C** – for producing a well written fable which included all of the key features.

3 Apple – Parshva K – for being a good role model for his peers and for trying his best in his learning and **Mathilda B** – for learning her nativity lines with actions and intonation.

3 Ash – Shakin S - for working hard during his tests and putting a smile on everyone's face during a tough assessment week.

4 Hawthorn – ALL of 4 Hawthorn – for working hard during their assessments this week.

4 Hazel – Fallon A - for bringing creativity and joy to the classroom and **Ayaan R** - for being a kind and respectful role model to the children around him.

4 Holly – Laila L – for working hard to show her best work in our assessments this week and **Aarav B** – for sharing insightful information in our Geography and Science lessons.

5 Pear – Kasim R – for his thoughtful contributions about gravity in Science and **Amelia P** – for her beautiful illustration around her cinquains.

5 Poplar – Lily I-R and Ruqaiyah H– for taking the time during tests to check their answers carefully.

5 Pine – Ali A and Sharwin K – for writing beautiful cinquains, making an effort to edit and improve. Keep it up!

6 Beech – Abby L and Uma P - for doing a great job of representing Year 6 at the Hockey tournament this week.

6 Maple – Alex K and Charlotte S - for great participation in a class discussion regarding their written assessment piece about Space. They both shared creative and imaginative ideas and have been working hard on their report.

6 Oak – Max Mc – for showing responsibility to younger pupils, having three buddy readers at once and **Stephanie H** – for excellent PEEL paragraphs in guided reading.

Thank you to..

Jordan R M & Isla S – 6 Beech – for being excellent Office Monitors this week – thank you!

Well done to..

Year 6 Hockey Team – Some of our Year 6 children took part in a hockey competition this week. The children showed great sportsmanship and were a credit to our school. Well done to **Rosie D, Emelie S-F, Freddie McG, George P, Kai B, Daya A, Francesca N, Uma P, Arthur M and Abby L**. They won and are through to the County Finals!

Elisa O-S – 4 Hazel – for playing the piano to the whole school in singing assembly this week – Well done!

George P – 6 Maple – for playing the piano to the whole school in singing assembly this week – Well done!



Miraj M – 3 Apple - won two gold medals (Floor & Vault) in this Sunday's gymnastics competition. Additionally, he received an award for the Best Gymnast Number Board – Well done!



Ben H – 6 Beech – passed his ABRSM Grade 1 French Horn music exam with a Merit – Well done!

Have a lovely weekend!

Miss Sherry and the School Office Team

DATES FOR YOUR DIARY

NOVEMBER 2024	
28 th	Open Morning – Writing
29 th	Occasional Day – School Closed
DECEMBER 2024	
2 nd	Christmas postbox opens!
4 th	Year 4 Christmas Choir performance to BUPA care home and then Year 4 Choir parents.
5 th	Year 5 Christmas Choir visit offsite – see separate correspondence
10 th	Year 3 Production to parents 9.30am – morning performance 2.00pm – afternoon performance
11 th	Year 6 Pantomime @ Watersmeet Theatre – please see correspondence from 15 October 2024
12 th	Year 5 Christmas Concert – 5.40pm doors open and 6pm for start
13 th	Flu Vaccination (for those who did not have on 20 th November 2024)
13 th	Christmas Dinner and Christmas Jumper Day
13 th	CSA Cake Sale after school
16 th	Christmas postbox closes
16 th	Life in Ancient Greece Day – School Hall - Year 5 – see correspondence
18 th	Year 3, 4 and 5 Pantomime @ Watersmeet Theatre – please see correspondence from 15 October 2024
20 th	Autumn Term 2024 ends at 1.30pm
JANUARY 2025	
6 th	Inset Day
7 th	Spring Term 2025 starts
10 th	Parent Rep Meeting – 9am – Miss Sherry's office
10 th	Year 5 swimming resumes
15 th	Year 5 – Rickmansworth School visit
22 nd & 23 rd	Year 6 trip to Bentley Priory Museum – see separate correspondence
FEBRUARY 2025	
6 th	Open Morning – more details to follow
7 th	Parent Rep Meeting – 9am – Miss Sherry's office
10 th	Year 6 – Young Voices Concert – PM and Evening
10 th – 14 th	Art Week – more details to follow
14 th	CSA Cake Sale after school
17 th – 21 st	Half Term
MARCH 2025	
5 th – 7 th	Art Exhibition – more details to follow
7 th	Parent Rep Meeting – 9am – Miss Sherry's office
13 th	Open Morning – more details to follow
APRIL 2025	
4 th	Parent Rep Meeting – 9am – Miss Sherry's office
4 th	Mini Marathon Fun Run – more details to follow
4 th	Spring Term 2025 ends at 1.30pm
Tues 22 nd	Summer Term 2025 starts
MAY 2025	
2 nd	Parent Rep Meeting – 9am – Miss Sherry's office

16 th	Peace Hospice Charity Walk – more details to follow
16 th	CSA Cake Sale after school
16 th	Book Fair in Year 3/4 library – more details to follow
22 nd	Open Morning – more details to follow
26 th – 30 th	Half Term
JUNE 2025	
6 th	Parent Rep Meeting – 9am – Miss Sherry's office
9 th – 13 th	Year 6 Residential Trip – more details to follow
20 th	Sports Day
27 th	CSA Cake Sale after school
26 th	Open Morning – more details to follow
JULY 2025	
4 th	Parent Rep Meeting – 9am – Miss Sherry's office
4 th	Reserved Sports Day
10 th	Transition Day
18 th	Summer Term 2025 ends at 1.30pm
21 st	Inset Day
22 nd	Inset Day
23 rd	Inset Day



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CHRISTMAS HAMPER RAFFLE

BUY YOUR TICKETS FOR YOUR CHANCE TO WIN!

DRAW 13TH DECEMBER

£1 PER
TICKET

Please bring your hamper content donations and unwanted empty hampers to the school offices before 12th Dec. See class WhatsApp groups for contents ideas. No used/opened items and something you would like to receive please.

Director of Public Health

Sarah Perman
Public Health, Hertfordshire County Council

Medical Director

Dr Rachel Joyce
Hertfordshire and West Essex ICB (Integrated Care Board)

Date: 18/11/2024

Dear Parents and Guardians

Important message to parents from Public Health and the NHS

Help keep antibiotics working

Over the winter months, children often get coughs, colds and stomach bugs. They can spread much more easily in the colder months when we spend more time indoors.

Understanding how to manage common illnesses will help you keep your child comfortable and stop germs spreading further. The [NHS website](#) and the [Healthier Together](#) website both give advice for parents about childhood illnesses. It's also important to understand when and why a doctor may prescribe antibiotics for your child and when they may not. Antibiotics are used to treat or prevent some types of infections. They work by killing bacteria or preventing them from spreading. But they do not work for everything, including viruses which cause colds and flu.

If we use antibiotics too often, there is a risk of them not working any more. Antibiotic resistance is a serious global health issue, but there are simple steps parents can take to ensure the safe and appropriate use of antibiotics.

What is antibiotic resistance?

Bacteria are becoming increasingly resistant to common antibiotics used to kill them, meaning the antibiotics do not work as well and makes infections much more difficult to treat.

It is really important that we only take antibiotics when they are needed and take them as prescribed by the GP to help keep antibiotics working for the future.

When are antibiotics necessary?

Antibiotics are designed to treat bacterial infections, such as pneumonia or certain ear infections. However, many common illnesses, including colds, flu, coughs, and most sore throats, are caused by viruses. **Antibiotics do not kill viruses** and using them unnecessarily can lead to antibiotic resistance.

It is important to understand that if your child has a viral illness, antibiotics won't help them get better any faster. If your child is unwell, you should seek advice from your pharmacist or GP as normal. If you are concerned, you should seek advice from your GP practice or 111.

Vaccinations have an important role to play in reducing antibiotic resistance, by preventing illness's and the need for antibiotics. Making sure you and your family are up to date with all maternal, childhood and seasonal vaccinations will help to protect you and your family against potentially serious diseases such as measles, whooping cough, RSV and flu.

Safe use of antibiotics

If you are prescribed antibiotics for your child, it's important to use them safely:

- Dispose of leftovers properly: If there are leftover antibiotics once the course is complete, take them to a pharmacy for safe disposal. Never flush them down the toilet or throw them in the bin. Do not keep them to use in the future.
- Stick to the prescribed dose and timing: Give the medication exactly as instructed. Missing doses or not spacing them out correctly can reduce their effectiveness.
- Don't share antibiotics: Never use leftover antibiotics or give your child medication that was prescribed for someone else. Different infections require different treatments, and using the wrong antibiotics can contribute to resistance.

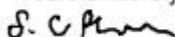
This leaflet provides general advice about antibiotics and simple steps parents can take to ensure the safe and appropriate use of antibiotics. [General advice about antibiotics – Medicines For Children](#).

You may also find this leaflet useful if your child develops a cough this winter which provides guidance on when to seek medical advice. [Caring for Children with Coughs](#) (Polar Bear) leaflet.

For further information:

[Antibiotic resistance - NHS \(www.nhs.uk\)](#)
[Hertfordshire and West Essex Healthier Together](#)
<https://www.nhs.uk/conditions/antibiotics/>

Thank you for your help in this important public health matter.

Yours sincerely


Sarah Perman
Director of
Public Health

www.hertfordshire.gov.uk

Yours sincerely



Dr Rachel Joyce
Medical Director
HWE ICB