



@CassioburyJM

CASSIOBURY JUNIOR SCHOOL NEWSLETTER No 21

Friday 14th February 2025

Dear Families,

Messages from Miss Sherry

As usual, it has been a busy week in Cassiobury Junior School. We have had our termly visit from the local authority. We looked at writing and saw many lovely pieces of work.

In my assemblies this term, we have been discussing kindness, what we do when we are not feeling kind and 'what is bullying?' One of our governors followed that up this morning visiting the playground and also doing pupil discussions with some pupils in Year 4. He got some great feedback from the children.

It is highly likely that your child might be 'on Roblox' over half term. You might be interested to know that Roblox is a source of hundreds of different games. Please look at which games your child is playing and, if necessary, Google the specific game to find out if it is appropriate. Not all games are suitable for children!

I would also recommend being able to hear the chat as this is a big feature of the games. Many incidents that we deal with in school originate in gaming chats online. I include this quote from a parent safety blog,

'There are literally millions of games available on Roblox in a variety of genres: including horror. There are also many games featuring sexual content or content that is otherwise inappropriate for kids to view. Plus, many games on Roblox incorporate a chat system that enables players to speak to one another—something which most parents will be keen to ensure their child does not make use of. Although a censoring system is in place that is meant to block out foul or offensive language, there are easy ways around this, meaning this safeguard can't be relied on.'

Home School Agreement

Please see the draft 'Home School Agreement' for you to view which was emailed out today. If you have any comments then please email these to the admin address by Monday 24th February 2025 (admin@cassioburyjm.herts.sch.uk)

School Dinner Menu, Bookings and Payments

The school dinner menu is now available on the School Gateway. Don't forget that **school dinners MUST be booked at least 4 days (5 nights) in advance instead of 2 days**. Please pay for all school dinners booked. Thank you.

This week's Eco Council message..

How and why should we recycle batteries?

*You can recycle batteries at local recycling centres, supermarkets, and large stores. **You should not put batteries in your household bin.***

Where to recycle batteries-

- **Local recycling centres:** Take batteries to your local recycling centre and put them in the dedicated battery area
- **Supermarkets and large stores:** Take batteries to supermarkets and large stores that sell more than 32 kg of batteries a year
- **Cancer Research UK shops:** Drop off batteries at Cancer Research UK shops

Why recycle batteries-

Batteries contain hazardous materials and can cause a fire risk. It also leads to water, soil and water contamination, air pollution, and damage to local ecosystems.

Thank you for your support to save our environment.

From Eco Council Team

THINKING DAY / FOUNDERS DAY ~ Tuesday 25 February 2025

On Tuesday 25th February 2025, we are inviting all members of the Guiding & Scouting organisations (Rainbows, Squirrels, Beavers, Brownies, Cubs, Guides and Scouts) to wear their uniform to school. This is to celebrate the joint birthday of both Lady and Lord Baden-Powell who were the founder members of the Guide & Scout organisations, (22nd February). There will be time in class for children to share their experiences and talk about their uniform; a great opportunity for the children to tell everybody about the fun they have and a way to show the wider community that Guiding and Scouting is relevant to young people today.

Parents Group and Families Feeling Safe

Please see below two flyers regarding adult courses available locally.

Calling all Bookworms!

Please see the CSA Readathon [attachment](#). The goal is for your child to read as many pages from their reading book (or books at home) as possible between Monday 3rd March and Sunday 9th March 2025. The link for the Just Giving page won't be live until Friday 21st February 2025.

February Half Term Holiday Course – Challenge Sport and Education

Please see the flyer below for the February half term holiday course being held at Cassiobury Junior School.

Fifty Thrifty: Half Term Adventures await in Hertfordshire

Please see the link below with “no cost” or “low cost” activities during half term.

<https://www.hertfordshire.gov.uk/about-the-council/news/news-archive/fifty-thrifty-feb-2025>

Half Term Bikeability

Please see the flyer below for the half term Bikeability course during February half term organised by the Watford Cycle Hub.

Chess Club

Please see the flyer below regarding the Chess Club. If your child would like to join, please contact the Chess Club directly chess.challengers@outlook.com

CSA Quiz Night – Friday 7th March 2025

IT'S BACK!

The world famous CSA fundraising quiz will be held on **Friday 7th March** in the Junior School hall.

Tables are £80 and can have up to 8 players per table.

There'll be a **raffle with amazing prizes** and other fun games on the night to raise funds for the schools.

Never been before? **Make 2025 your debut year** and get a team together to see if you can beat the reigning champs!

Feel free to **BYO!** Alcoholic and non-alcoholic drinks ok.

Pay for your table on PayPal at @cassioburysa, then email admin@cassioburysa.org to confirm payment with your or your team's name.

Special Mentions

3 Alder - **Sophia J** - for showing resilience and perseverance in maths this week when looking at equivalent fractions and **Jasleen G** - for creating a brilliant piece of artwork using creativity and taking inspiration from abstract artists.

3 Apple - **Isha N** and **Sahara R** - for producing a beautiful piece of art work using different mediums for our art week. I can't wait to see it displayed in the art gallery!

3 Ash - **Raedthra B** - for her beautiful Art Week piece in which she carefully listened to instructions, used precision and took her time to create her art work.

4 Hawthorn – **Sebastian A** - for applying his excellent cricket skills in the recent tournament and **Eren R** - for producing a detailed and carefully drawn piece of work.

4 Hazel – **Iris C** - for being an attentive listener, always following school rules and working hard in all subjects. Well done Iris! **Kalina S** - for her amazingly detailed chameleon in Art. Wow!

4 Holly – **Emelia L** - for showing great sportsmanship in sport this week and **Aarav B** - for persevering to create a beautiful piece of artwork.

5 Pear – **Leona V** - for an excellent attitude in all areas of the curriculum and being an excellent role model for behaviour and **Cooper H** - for following the recipe carefully in DT to ensure the texture was correct.

5 Pine – **James D** - for a great effort in Art, taking on feedback and producing a lovely piece of Art. Great work James! **Sharwin K** - for showing great behaviour for learning in maths this week, contributing to class discussion. Keep it up!

5 Poplar - **Freya T** and **Juliette L** - for taking great care in creating a detailed and colourful flower.

ALL YEAR 6 – well done for taking part in the Young Voices concert. Your energy and enthusiasm shone through and we enjoyed every moment with you! Well done!

Thank you to..

Aima N and **Azlan H** – **6 Oak** – for being excellent Office Monitors this week – thank you!

Well done to..

Sanaya R – **5 Pear** – for playing the clarinet to the whole school in singing assembly – well done!

Margot G – **4 Hawthorn** and **Zara B-A** – **4 Holly** – for playing a duet on their flutes to the whole school in singing assembly – well done!

Lonnie M – **3 Alder** – for playing the piano to the whole school in singing assembly – well done!



Owee S – 5 Pear – achieved her Stage 4 swimming award – well done!

Have a lovely half term!

Miss Sherry and the School Office Team

DATES FOR YOUR DIARY – don't forget you can sync our website calendar with your Google Calendar!

FEBRUARY 2025	
24 th	Back to school for Spring Term 2
25 th	Thinking Day – Rainbows, Brownies, Beavers, Cubs, Guides and Scouts can wear their uniform to school.
MARCH 2025	
5 th – 7 th	Art Exhibition – more details to follow
7 th	Parent Rep Meeting – 9am – Miss Sherry's office
7 th	CSA Quiz Night -7.30pm – see separate correspondence
12 th	Sam Sedgman author visit – see separate correspondence
13 th	Open Morning – Reading: Vocabulary
24 th	Year 5 – St Albans Cathedral – see separate correspondence
25 th	Year 4 Production – PM time to be confirmed
26 th	Year 4 Production – AM time to be confirmed
27 th	Year 3 – Science Workshop – see separate correspondence
APRIL 2025	
2 nd	Year 3 visit to St Luke's Church – more details to follow
2 nd	Spring Term 2025 Concert – School Hall – 6pm
4 th	Parent Rep Meeting – 9am – Miss Sherry's office
4 th	Mini Marathon Fun Run – more details to follow
4 th	Spring Term 2025 ends at 1.30pm – NON UNIFORM
Tues 22 nd	Summer Term 2025 starts
28 th	Year 6 SATS and Residential meeting – 4.30pm to 5.30pm
MAY 2025	
2 nd	Parent Rep Meeting – 9am – Miss Sherry's office
5 th	Bank Holiday
7 th	Class Photographs
16 th	CSA Cake Sale after school
16 th to 21 st	Book Fair in Year 3/4 library – more details to follow
19 th – 23 rd	Year 6 Bikeability – more details to follow
22 nd	Open Morning – more details to follow
26 th – 30 th	Half Term
JUNE 2025	
6 th	Parent Rep Meeting – 9am – Miss Sherry's office
9 th – 13 th	Year 6 Residential Trip – see separate correspondence
20 th	Sports Day
26 th	Open Morning – more details to follow
27 th	CSA Cake Sale after school
30 th	Parent/Teacher Consultations – 3.30pm to 7pm
JULY 2025	
1 st	Parent/Teacher Consultations – 3.30pm to 7pm
4 th	Parent Rep Meeting – 9am – Miss Sherry's office
4 th	Reserved Sports Day
10 th	Transition Day

18 th	Summer Term 2025 ends at 1.30pm
21 st	Inset Day
22 nd	Inset Day
23 rd	Inset Day
SEPTEMBER 2025	
3 rd , 4 th & 5 th	Inset Days
8 th	Back to School for the Autumn Term 2025
OCTOBER 2025	
24 th	Inset Day
27 th – 31 st	Half Term
NOVEMBER 2025	
28 th	Occasional Day
DECEMBER 2025	
8 th	Year 3 & 4 Pantomime – more information to follow
9 th	Year 5 & 6 Pantomime – more information to follow
12 th	Christmas Dinner/Festive outfit Day
19 th	Autumn Term 2025 ends at 1.30pm
JANUARY 2026	
5 th	Inset Day
6 th	Back to School for the Spring Term 2026
FEBRUARY 2026	
16 th – 20 th	Half Term
MARCH 2026	
27 th	Spring Term 2026 ends @ 1.30pm
APRIL 2026	
13 th	Back to school for the Summer Term 2026
MAY 2026	
4 th	Bank Holiday
25 th – 29 th	Half Term
JUNE 2026	
JULY 2026	
23 rd	Summer Term 2026 ends @ 1.30pm



EVERYONE

YOUR SCHOOL HAS BEEN ADOPTED!

What is the Adopt a School programme?

Adopt a School is an opportunity for both Everyone Active and local schools to work collaboratively in order to provide a 4 week programme, led and designed by our professional teams.

For School Employees:

Scan the QR Code to complete the form to claim the benefits on offer to you in this programme.

SCAN ME



For Parents/Guardians & pupils:

Scan the QR Code to complete the form to claim the benefits on offer to you in this programme.

SCAN ME



What is available to you?

We are pleased to offer ALL school employees, parents and pupils, during the 4 week period, a range of perks and freebies!

So, what's included?

For Parents/Guardians & School pupils:

- ✓ 20% off one Birthday Party booking
- ✓ Free Swimming for any children aged 10 & under
- ✓ Free Junior Membership for any children aged 11-15
- ✓ FREE Membership for 1 week (16+)

For School employees:

- ✓ 1 Month FREE Membership

*Please note facilities on offer may vary at each centre.

More information on the programme:

Scan the QR Code now!

SCAN ME



Watford Leisure Centre Central
Peace Prospect,
Watford, WD17 3HA
T | 01923 296 750



WATFORD
BOROUGH
COUNCIL

everyone
ACTIVE

www.everyoneactive.com



@everyoneactive



@everyoneactive



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Childrens' Bikeability Training

scan
ME!



**NOW BOOKING FOR
FEBRUARY HALF TERM**



Today's "Cycling Proficiency", there are three Bikeability levels:

- Level 1 is a 1-day course and will help new riders to control their bike before they move on to developing on-road skills at Level 2.
- Level 2 is a 4-day course and is usually tackled by children in Years 5 or 6, before they leave primary school.
- Level 3 is a 3-day course and teaches how to ride in different and more challenging traffic situations and is usually completed by children of secondary school age. To register participants must have already successfully completed Level 2.

Bikeability
Cycling Proficiency for the 21st century

Watford Cycle Hub
Chaffinch Lane,
Watford WD18 9QD

watfordcyclehub.org.uk/kids-courses

01923 223 994

Families Feeling Safe

Supporting families with Protective Behaviours

ONLINE
starting
27th February
2025

**A 6-week course for Dads and
Male Carers of children
0 -19yrs**



Thursday evenings
7.00pm—9.00pm
27 February— 4 April 2025



Please like us on Facebook for further updates @familiesfeelingsafe

Are you looking for some strategies and new ideas to help improve family life?

This fully funded 6-week course can help you to:

- ♦ Understand how Feelings, Thoughts and Behaviour link together
- ♦ Understand what may be influencing your child's behaviour
- ♦ Respond to a range of feelings e.g. stress, anger, anxiety and worries
- ♦ Improve communication to build better relationships
- ♦ Build on your own and your child's strengths
- ♦ Learn strategies to help you and your family feel safe

Places are for families within Hertfordshire

For eligibility and to book your FREE place please contact:

E-mail: enquiries@familiesfeelingsafe.co.uk

Tel: 07850 518216



Families Feeling Safe Protective Behaviours Services has been funded through HCC to provide Families Feeling Safe programmes across Hertfordshire. We deliver Protective Behaviours training for professionals and provide programmes and workshops to children and their families. www.familiesfeelingsafe.co.uk E-mail: enquiries@familiesfeelingsafe.co.uk

FEBRUARY HALF TERM COURSES WATFORD

*Keeping children active, safe
and smiling*



- ✓ Led by PE teachers
- ✓ Skill Development
- ✓ Socialising
- ✓ Matchplay



**CASSIOBURY
JUNIOR SCHOOL
WD17 3PD**

Sports include football, basketball, netball, cricket, tennis, athletics, gymnastics, dodgeball, hockey, rollerball and more!

Open to 5-11 year old boys and girls

8am - 3pm **£28**
8am - 4.15pm **£32**
8am - 5.30pm **£40**
9am - 3pm **£22**
9am - 4.15pm **£26**
9am - 5.30pm **£32**

CLICK TO BOOK

More Information:

info@challengesporteducation.co.uk



csa

PRESENTS

FUNDRAISING

QUIZ NIGHT

**BYO &
RAFFLE**

**£80
A TABLE**
MAX 8 PER
TABLE

**READY TO PLAY?
FRIDAY 7 MARCH**

**DOORS OPEN 7:30 FOR 8PM START
CASSIOBURY JUNIOR SCHOOL HALL**

**PAY FOR YOUR TABLE ON PAYPAL @CASSIOBURYSA
THEN EMAIL ADMIN@CASSIOBURYCSA.ORG WITH LEAD
BOOKER OR TEAM NAME TO CONFIRM PAYMENT.**



Chess Challengers
Igniting Minds...

Chess Challengers Club

UK's No.1 leading chess club



Cassiobury Junior School

Bellmount Wood Ave, Watford WD17 3PD

Starts on Thursday 27th Feb 2025

Time: 3:30pm

Age : 6 yrs and above

Chess Lessons & Tournaments

Register: chess.challengers@outlook.com

Our students participates in UK's prestigious tournaments
London Junior Chess Championship,
British Chess Championship





Trauma-Informed Groups

PARENTS GROUP

Whats on offer?

Butterflies Lived Experience Community, with support from the National Lottery offer a 6 session focused group programme for parents living in Hertfordshire whose children have experienced sexual violence/trauma with the option of joining a peer support group

Questions people often ask us

Who can attend?

One of the child or young person's main carers

How do the groups run?

You have 2 options - online or in person for both the focused programme and the peer groups

Do I have to attend both?

Short answer: NO

Longer answer:

To access the peer support groups, you must have attended the focused programme, but you can only attend the focused programme if you choose to.

Do I have to attend every session?

We ask that you commit to attending the full 6 session programme.

Following the programme you will be invited to attend the peer support groups, there are 2 per month - 1 online and 1 in person. There is no obligation to attend the peer groups, you will be asked to confirm your attendance in advance for each session and warmly welcomed

What's included in the sessions?

See the programme plan on the next page

When and where?

Online

Fridays 10am-11.30am

Dates

28th February 2025

7th March 2025

14th March 2025

21st March 2025

28th March 2025

4th April 2025

Next Steps



[CLICK HERE
TO BOOK YOUR
PLACE](#)



PROGRAMME PLAN



WEEK 1



Beginnings

Introductions and getting to know each other and the facilitators - breaking down the barriers, taboos and setting the boundaries

WEEK 2



Understanding Trauma

How what happened to your child impacts their thoughts, feelings and behaviours

WEEK 3



Understanding Trauma

Supporting your child - sharing ideas, learning new ideas and understanding

WEEK 4



Understanding Trauma

The impact of what happened on you, siblings and family relationships

WEEK 5



Looking after yourself

Exploring your own support system and resources and discussion about why this is key

WEEK 6



Endings

Reflection on the programme, and thinking about next steps

NEXT STEPS



Peer Support

2 peer support groups per month:
2nd Wednesday of the month - in person (Welwyn)
4th Friday of the month - online