



@CassioburyJM

## **CASSIOBURY JUNIOR SCHOOL**

### **NEWSLETTER No 36**

*Friday 4<sup>th</sup> July 2025*

Dear Families,

#### **Message from Miss Sherry..**

A huge thank you for the time and contributions of our parent reps this year. I always find the feedback useful, even if I have to go and think about new or different ideas.

#### **Sports Day and Relays**

Due to the advice provided by Herts County Council, Mrs Cooper and I discussed the length of the sports events and trying to keep the time on the field down. We were able to finish, broadly at the same time, on the day by postponing the relays. As the relays do not involve all of the children, we cut those down on the day. All children did a sprint race on the day.

Last Friday, the staff were able to run the remaining relay races. Please note that we do ask children to have PE kits in school everyday. The kits can remain in school and only need a wash once a week.

#### **Availability**

If you are trying to get hold of me over the next two weeks, I have several medical appointments. I am not avoiding you. Mrs Newman, Miss Keighley, Mr Long, Mr Rutherford and Mrs Campbell are all around. Obviously!!!! Mrs Clarke and Mrs Harrison are the best people to speak to about anything from lost trumpets, dentist appointments, missing jumpers and everything else.

#### **Summer Fair**

At the time of writing this, our Summer Fair has yet to start, huge thanks to the team of volunteers and school staff who have put together our Summer Fair 2025.

#### **Transition Day**

Next Thursday, 10<sup>th</sup> July, is our Transition Day for all pupils. Year 2 children will join us from the Infant School and Year 6 pupils will be going to their new schools. Miss Negru will join us in Year 4 to meet her new class. All children will spend the morning with their new teacher.

#### **Summer Concert – Wednesday 9<sup>th</sup> July 2025 @ 6pm**

Just a reminder that our Recorder Club, String Club, Year 5 & 6 Choir, School Band and the School Orchestra are performing on Wednesday 9<sup>th</sup> July 2025 at 6pm in the School Hall. Your audience tickets will be sent home by Tuesday next week – so please check your child's school bag.

We ask that all parents and carers remain in their seats until the end of the concert at approximately 7pm to avoid disruption during the performances.

## Library Books to be returned

In order to update our library system, we require ALL library books to be returned by Friday 11<sup>th</sup> July 2025. Thank you!

## Fun Run - Cassiobury Junior '2k Fun Run' this Summer Term

We are proud to announce our first Cassiobury Junior '2k Fun Run' this Summer Term. We have planned an event for the children but also as a fund raising activity for the school. Funds raised will go towards providing Books, Computing resources and SEND areas in the school.

The NEW DATE is Friday 11th July 2025.

- All children can choose if they wish to run as a competitive or novelty (fancy dress) entry.
- All children have receive their unique competition number (just like the marathon) in their sponsorship pack.
- They will need to attend school wearing it on Friday 11th July 2025.
- All children have been provided with a sponsor pack- how much they collect is up to you- all funds go to school resources.
- Winning points for the competitive race will count towards the house sports day competition.
- This will be an 'in-school' event, although there will be some points where the children can be seen from the path, we will let you know nearer the time.
- All sponsorship forms need to be back in school by Friday 18<sup>th</sup> July 2025.
- 

***Please choose on the School Gateway which run your child will participate in i.e. Competitive Race or Novelty Race. There are two separate payment requests (no money will be taken, however please ensure you complete the transaction).***

## SEND Surgeries for Parents and Carers during Summer Holiday

Following on from Parents Evening this week, Mrs Newman (our SENDCo) will be running a SEND Surgery on Tuesday 29<sup>th</sup> July 2025 from 9:00am to 2:30pm at Cassiobury Junior School. If you would like to book, please contact the School Office ([admin@cassioburyjm.herts.sch.uk](mailto:admin@cassioburyjm.herts.sch.uk)) for a 20 minute slot. The offer is to talk through any of your concerns and to take away some ideas for the summer.

## School Band and the Year 5 & 6 Choir

The School Band and the Year 5 and 6 Choir were thrilled to be asked over to the Infants School this week to perform in their assembly. Well done to the musicians who took part and we look forward to hearing more from them at the Summer Fair this afternoon!

## Online Safety

See the link regarding the Guide to Parental Controls.

<https://www.knowsleyclcs.org.uk/wp-content/uploads/2024/07/Parental-Controls-booklet-2024.pdf>

## Year 3 Recorder performance - Tuesday 8<sup>th</sup> July 2025

We would like to invite our Year 3 parents and carers to the Year 3 Recorder performance in the school hall @ 2.45pm. The performance will last no longer than 20 minutes. .

## Cassiobury Summer Holiday Sports Courses

Please see flyer below regarding the sports courses being held during the school summer holidays. If you would like to book your child, please contact Challenge Sport & Education direct.

## Summer Dance classes - Charlotte Amelia School of Dance

If your child would like to book on to the dance classes (see below for flyers) during the summer holidays at Cassiobury Junior School, please book via <https://charlotte-amelia-school-of-dance.classforkids.io/>

## Summer Tennis Camp

To book for the Summer Tennis Camp with Angie Gunn, please see the link: <https://clubspark.lta.org.uk/STEVENSHEACoaching2/Coaching/Camps>

## Summer Fair information – Friday 4<sup>th</sup> July 2025

Please see the information below regarding the Summer Fair – there are lots of prizes on offer!

## Tokens for the Summer Fair – only tokens accepted on all stalls

Don't forget to purchase your tokens for the Summer Fair. All stalls will only accept tokens so please purchase these **BEFORE Thursday 3<sup>rd</sup> July 2025**. The payment request is on the School Gateway. Please see the flyer below.

## Summer Wellbeing Activity Programme

Please see the flyer below regarding the Summer Wellbeing Activity Programme.

## Invitation to Special Educational Needs & EHCPs Information Session with Gemma Hall (DSPL9) and Mandy Brandon, SEND Implementation and Support Officers (SISOs)

We invite you to an information session focused on provisions for children with **Special Educational Needs/Disabilities (SEND)** and those requiring **Education, Health and Care Plans (EHCPs)**. This session is designed to provide guidance, answer questions, and support you in navigating the process of securing the right provisions for your child.

**Date:** Thursday 25<sup>th</sup> September 2025 **Time:** 9:30-11am **Location:** Cassiobury Junior School.

During the session, we will cover:

- Ordinarily Available provision
- The EHCP process: eligibility, application, and reviews
- The ways in which DSPL9 and Ask Sali support schools in meeting individual needs

We hope you can join us for this important discussion.

If you would like to attend, please consent on the School Gateway. This will be available from 8<sup>th</sup> September 2025.

## Balance & Ride Summer Course

Please see the flyer below regarding the Balance and Rice Summer Course.

## Autumn Term 2025 clubs

Over the next few weeks, the Autumn 2025 clubs will be visible on the newsletter and school's website. Please check this link for more information:

<https://www.cassioburyjm.herts.sch.uk/school-clubs/>

## Chess Challengers Club – Autumn Term 2025

Chess Challengers Club are returning in the Autumn Term 2025 from Tuesday 16<sup>th</sup> September 2025 at Cassiobury Junior School. Please see the flyer below for details regarding how to book.

## GymJams Gymnastics – Autumn Term 2025

Please see the flyer below regarding the GymJams Gymnastics Club at Cassiobury Junior School. To book, please contact the club direct.

## Tennis Club – Autumn Term 2025

Please see the link to book for Tennis Club for Autumn Term 2025 with Angie Gunn.

## Creative Minds Art Club – Autumn Term 2025

Please see the link to book for Creative Minds Art Club for Autumn Term 2025 with Namita Jain.

## Protective Behaviours courses for Parents

See flyer below regarding the above course for parents.

## Summer Cycle Training for children in Hertfordshire!

Looking for a fun and educational activity for your children? Check out our comprehensive cycle training programs available in St Albans, Stevenage, Hertford, and Watford. We offer a variety of courses tailored to different skill levels and interests:

- Learn to Ride: Perfect for beginners, this course helps children gain confidence and master the basics of cycling.
- Fun Skills: Aimed at making cycling enjoyable, this program includes games and activities to enhance bike handling skills.
- Bikeability Levels 1 to 3: These nationally recognized courses cover everything from basic bike control to advanced road safety and cycling in traffic.

Whether your child is just starting out or looking to improve their cycling skills, we have something for everyone. Join us for an exciting journey on two wheels!

For more information please look up your local Cycle Hub: <https://www.hertfordshire.gov.uk/services/health-in-herts/keep-active/hertfordshire-cycling.aspx#clubs>

For Children with SEN please visit our partners at: <https://hdsf.co.uk/>

## Special Mentions

**3 Alder - Charlotte T** - for making some fantastic contributions in a range of lessons this week and being eager to share her knowledge. **Zaky S** - for working really hard when learning his Year 3/4 CEW and making significant progress.

**3 Apple – Isaac G** - for working hard and showing a good understanding in our decimal maths lessons - well done! **Keyaan V** - For being a role model for others, always trying his best and for being a kind friend towards others - keep it up!

**3 Ash - Ava S** - for her consistent efforts to ensure teamwork was taking place during PE and **Arulmozhi B** - for his mature and considered attitude in our PSHE lessons.

**4 Hawthorn – Sahin Y** - for working hard all year and making good progress and **Eren R** - for reading out his affinity poem to the class.

**4 Hazel – Maya-India P** - for fantastic work on multiplication and division in maths. Well done! **Haleema S** - for writing a super character description including a variety of language features. Keep it up!

**4 Holly - Benny L** for showing great determination and perseverance with his presentation and handwriting and **Chiara P** - for writing an excellent character description in English.

**ALL OF YEAR 5** – for excellent behaviour on their trip to London on Wednesday. Great listening on the trains and in the theatre. Well done!

**6 Beech – Miles G** - for hard work and setting a good example to others and **Isla** for being kind, thoughtful and helping others.

**6 Maple – Sam H and Emelie S-F** – for their concentration and focus during sewing lessons and showing some excellent skills.

**6 Oak – Zak A-M B** - for taking the initiative to make a programme for the Leavers Production in his own time.

**Zeca D F** - for preparing a fun activity for the class for the last week of term.

### Thank you to..

**Celeste M** and **Noah I – 6 Beech** - for being excellent Office Monitors this week – thank you!

### Well done to..

**Ayla Y – 4 Hazel** – passed her Grade 2 piano exam with a Merit – well done!

**Lily I-R – 5 Poplar** – passed her Grade 3 violin exam with a Merit – well done!

**James D – 5 Pine** – passed his Grade 1 violin exam with a Merit – well done!

**Ruqaiyah H – 5 Poplar** – passed her Grade 1 violin exam with a Merit – well done!

**Rayaan K – 6 Oak** – passed his Grade 1 violin exam – well done!

**Layla B – 5 Pear** – for playing the flute in singing assembly this week – well done!

**Kerem J – 4 Hawthorn** – for playing the piano in singing assembly this week – well done!

**Avantika M – 3 Apple** – for playing the piano in singing assembly this week – well done!

**Elisa O-S – 4 Hazel** – for playing the piano in singing assembly this week – well done!

*Have a lovely weekend!*

**Miss Sherry and the School Office Team**

## DATES FOR YOUR DIARY

| JULY 2025        |                                                                                          |
|------------------|------------------------------------------------------------------------------------------|
| 1 <sup>st</sup>  | Parent/Teacher Consultations – 3.30pm to 7pm                                             |
| 2 <sup>nd</sup>  | SEND Year 3 Support Plan Meetings – see separate correspondence                          |
| 2 <sup>nd</sup>  | Year 5 Trip to “Matilda” – Cambridge Theatre, London – more details to follow            |
| 4 <sup>th</sup>  | Parent Rep Meeting – 9am – Miss Sherry’s office                                          |
| 4 <sup>th</sup>  | <b>School Closes at 3pm</b><br>Summer Fair – 3pm to 5pm – see separate correspondence    |
| 8 <sup>th</sup>  | SEND Year 5 Support Plan Meetings – see separate correspondence                          |
| 8 <sup>th</sup>  | Year 4 – Owl Pellet Workshop – see separate correspondence                               |
| 8 <sup>th</sup>  | Year 3 Recorder performance to parents and carers in school hall @ 2.45pm                |
| 8 <sup>th</sup>  | Year 2 Parent Talk in School Hall @ 6pm – more details to follow                         |
| 9 <sup>th</sup>  | SEND Year 6 Support Plan Meetings – see separate correspondence                          |
| 9 <sup>th</sup>  | Summer Concert – more details to follow                                                  |
| 10 <sup>th</sup> | Transition Day                                                                           |
| 11 <sup>th</sup> | Whole School Mini-Marathon (2K) - <b>CONFIRMED</b>                                       |
| 15 <sup>th</sup> | Year 6 Leavers Production and Leavers Assembly (doors open at 5.15pm) – 5.30pm to 7.30pm |
| 16 <sup>th</sup> | Year 5 Ukulele performance to parents and carers in school hall @ 2.45pm                 |
| 17 <sup>th</sup> | Year 6 Leavers Day out – more details to follow                                          |
| 18 <sup>th</sup> | Year 6 Leavers morning – fun morning (children only)                                     |
| 18 <sup>th</sup> | <b>Summer Term 2025 ends at 1.05pm</b>                                                   |
| 21 <sup>st</sup> | Inset Day – school closed                                                                |
| 22 <sup>nd</sup> | Inset Day – school closed                                                                |
| 23 <sup>rd</sup> | Inset Day – school closed                                                                |

|                                                     |                                                                                                                                                                                                 |
|-----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SEPTEMBER 2025</b>                               |                                                                                                                                                                                                 |
| 3 <sup>rd</sup> , 4 <sup>th</sup> & 5 <sup>th</sup> | Inset Days – school closed                                                                                                                                                                      |
| 8 <sup>th</sup>                                     | <b>Back to School for the Autumn Term 2025</b>                                                                                                                                                  |
| 18 <sup>th</sup>                                    | Individual Photographs (and sibling photographs @ 8am to 8.40am)                                                                                                                                |
| 19 <sup>th</sup>                                    | Jeans for Genes Day – wear denim to school                                                                                                                                                      |
| 25 <sup>th</sup>                                    | Invitation to Special Educational Needs & EHCPs Information Session with Gemma Hall (DSPL9) and Mandy Brandon, SEND Implementation and Support Officers (SISOs) – School Hall – 9.30am to 11am. |
| <b>OCTOBER 2025</b>                                 |                                                                                                                                                                                                 |
| 15 <sup>th</sup>                                    | Flu immunisation                                                                                                                                                                                |
| 20 <sup>th</sup> & 21 <sup>st</sup>                 | Parent/Teacher Consultations – more details to follow                                                                                                                                           |
| 24 <sup>th</sup>                                    | Inset Day – school closed                                                                                                                                                                       |
| 27 <sup>th</sup> – 31 <sup>st</sup>                 | <b>Half Term</b>                                                                                                                                                                                |
| <b>NOVEMBER 2025</b>                                |                                                                                                                                                                                                 |
| 25 <sup>th</sup>                                    | Flu immunisation mop up day                                                                                                                                                                     |
| 28 <sup>th</sup>                                    | <b>Occasional Day</b>                                                                                                                                                                           |
| <b>DECEMBER 2025</b>                                |                                                                                                                                                                                                 |
| 8 <sup>th</sup>                                     | Year 3 & 4 Pantomime – more information to follow                                                                                                                                               |
| 9 <sup>th</sup>                                     | Year 5 & 6 Pantomime – more information to follow                                                                                                                                               |
| 12 <sup>th</sup>                                    | Christmas Dinner/Festive outfit Day                                                                                                                                                             |
| 19 <sup>th</sup>                                    | <b>Autumn Term 2025 ends at 1.05pm</b>                                                                                                                                                          |
| <b>JANUARY 2026</b>                                 |                                                                                                                                                                                                 |
| 5 <sup>th</sup>                                     | Inset Day – school closed                                                                                                                                                                       |
| 6 <sup>th</sup>                                     | <b>Back to School for the Spring Term 2026</b>                                                                                                                                                  |
| <b>FEBRUARY 2026</b>                                |                                                                                                                                                                                                 |
| 16 <sup>th</sup> – 20 <sup>th</sup>                 | <b>Half Term</b>                                                                                                                                                                                |
| <b>MARCH 2026</b>                                   |                                                                                                                                                                                                 |
| 27 <sup>th</sup>                                    | <b>Spring Term 2026 ends @ 1.05pm</b>                                                                                                                                                           |
| <b>APRIL 2026</b>                                   |                                                                                                                                                                                                 |
| 13 <sup>th</sup>                                    | <b>Back to school for the Summer Term 2026</b>                                                                                                                                                  |
| <b>MAY 2026</b>                                     |                                                                                                                                                                                                 |
| 4 <sup>th</sup>                                     | <b>Bank Holiday</b>                                                                                                                                                                             |
| 25 <sup>th</sup> – 29 <sup>th</sup>                 | <b>Half Term</b>                                                                                                                                                                                |
| <b>JUNE 2026</b>                                    |                                                                                                                                                                                                 |
|                                                     |                                                                                                                                                                                                 |
| <b>JULY 2026</b>                                    |                                                                                                                                                                                                 |
| 23 <sup>rd</sup>                                    | <b>Summer Term 2026 ends @ 1.05pm</b>                                                                                                                                                           |
| <b>SEPTEMBER 2026</b>                               |                                                                                                                                                                                                 |
| 1 <sup>st</sup>                                     | Inset Day – school closed                                                                                                                                                                       |
| 2 <sup>nd</sup>                                     | Inset Day – school closed                                                                                                                                                                       |
| 3 <sup>rd</sup>                                     | Autumn Term starts                                                                                                                                                                              |
| <b>OCTOBER 2026</b>                                 |                                                                                                                                                                                                 |
| 26 <sup>th</sup> – 30 <sup>th</sup>                 | <b>Half Term</b>                                                                                                                                                                                |
| <b>NOVEMBER 2026</b>                                |                                                                                                                                                                                                 |
| 27 <sup>th</sup>                                    | Occasional Day – school closed                                                                                                                                                                  |
| <b>DECEMBER 2026</b>                                |                                                                                                                                                                                                 |
| 18 <sup>th</sup>                                    | <b>Autumn Term 2026 ends at 1.05pm</b>                                                                                                                                                          |
| <b>JANUARY 2027</b>                                 |                                                                                                                                                                                                 |
| 4 <sup>th</sup>                                     | Inset Day – school closed                                                                                                                                                                       |
| 5 <sup>th</sup>                                     | <b>Spring Term 2027 starts</b>                                                                                                                                                                  |
| <b>FEBRUARY 2027</b>                                |                                                                                                                                                                                                 |
| 15 <sup>th</sup> – 19 <sup>th</sup>                 | <b>Half Term</b>                                                                                                                                                                                |
| <b>MARCH 2027</b>                                   |                                                                                                                                                                                                 |
| 25 <sup>th</sup>                                    | <b>Spring Term 2027 ends at 1.05pm</b>                                                                                                                                                          |
| <b>APRIL 2027</b>                                   |                                                                                                                                                                                                 |
| 12 <sup>th</sup>                                    | <b>Summer Term 2027 starts</b>                                                                                                                                                                  |
| <b>MAY 2027</b>                                     |                                                                                                                                                                                                 |
| 31 <sup>st</sup> – 4 <sup>th</sup> June 2027        | <b>Half Term</b>                                                                                                                                                                                |
| <b>JUNE 2027</b>                                    |                                                                                                                                                                                                 |

|                  |                                        |
|------------------|----------------------------------------|
| 25th             | Inset Day – school closed              |
| <b>JULY 2027</b> |                                        |
| 21 <sup>st</sup> | <b>Summer Term 2027 ends at 1.05pm</b> |
| 22 <sup>nd</sup> | Inset Day – school closed              |



Dear Colleagues

We have three online courses starting in October which are fully funded by HCC for parents and carers who may need some additional support:

- For Dads and male carers: Wednesdays 8 October – 4 December 7.00pm – 9.00pm please [click here for the poster....](#)
- For Mums, Dads & Carers: Thursdays 9 October – 4 December 9.30am – 11.30am [click here for the poster....](#)
- For Mums, Dads & Carers: Thursdays 9 October – 4 December 7.00pm – 9.00pm [click here for the poster....](#)

This 8-week course can help mums, dads and carers:

- Understand how Feelings, Thoughts and Behaviour link together
- Understand what may be influencing their child's behaviour
- Respond to a range of feelings e.g. stress, anger, anxiety and worries
- Improve communication to build better relationships
- Build on their own and their child's strengths
- Learn strategies to help them and their children feel safe

**For all enquiries and to make a referral, please email [enquiries@familiesfeelingsafe.co.uk](mailto:enquiries@familiesfeelingsafe.co.uk) or call 07850 518216**



Mental Health Support Teams  
Hertfordshire & West Essex



# SUMMER WELLBEING ACTIVITY PROGRAMME

FUN & CREATIVE WELLBEING  
ACTIVITIES FOR 8-11 YEARS OLDS

TEAM GAMES  
QUIZ & BINGO  
MOVIE & POPCORN  
ART & CRAFT  
DEN BUILDING  
TREASURE TRAIL  
AND MANY MORE

5 DAYS  
28th July - 1st August  
10AM TO 3PM

PRE BOOKING  
REQUIRED

Admission  
FREE



## Themes

- ✓ Connection
- ✓ Relaxation
- ✓ Transition & Change
- ✓ Mindfulness
- ✓ Move your Body

## Venue

Parkgate Junior School  
Southwold Rd  
Watford  
WD24 7DN



FOR MORE DETAILS AND BOOKING, USE THE SIGN-UP FORM ONLINE

# CASSIOBURY

WD17 3PD

21 JULY -  
29 AUG

## SPORTS COURSES

LED BY LOCAL PE TEACHERS

8AM -  
4.30PM



SCAN OR HOLD DOWN  
QR CODE TO SIGN UP



## ACTIVITIES

*Football, Basketball, Dodgeball, Gymnastics,  
Back 2 Base, Tennis, Cricket, Rounders,  
Rollerball and more*

To book please scan or hold down the QR  
code. For any questions please email  
[info@challengesporteducation.co.uk](mailto:info@challengesporteducation.co.uk) or  
whatsaap us on 07719 315 932

5 - 11 YEAR OLDS  
FROM £22 PER DAY

## Children's Wellbeing Practitioner Workshops July – September 2025

Workshops are open to all young people & parents/carers of children and young people who attend a school or are registered with a GP in Hertfordshire. A referral is not needed to access a workshop.

All workshops are currently being delivered online via Microsoft Teams. For more information about what each workshop covers and to book a place onto a workshop, visit <https://www.eventbrite.co.uk/o/hct-childrens-wellbeing-practitioners-33494371787>



| Workshop                                                                                                                                                                                             | Date & Time                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| <b>Emotional Wellbeing (For Young People 11-16)</b><br>A workshop focused on adolescents managing their emotional wellbeing and things parents/carers can do to help.                                | Thursday 31 <sup>st</sup> July 10 am-12 pm<br>Thursday 18 <sup>th</sup> September 6-8 pm                                           |
| <b>Adolescent Self-Esteem and Resilience</b><br>A workshop focused on adolescents improving their self-esteem and resilience and what parents/carers can do to help.                                 | Tuesday 8 <sup>th</sup> July 6-8 pm<br>Tuesday 2 <sup>nd</sup> September 6-8 pm                                                    |
| <b>Supporting your Child's Self-Esteem and Resilience</b><br>A workshop focused on parents/carers supporting their child to improve their self-esteem and resilience.                                | Thursday 7 <sup>th</sup> August 10 am-12 pm                                                                                        |
| <b>Supporting with Sleep Difficulties</b><br>This workshop focuses on supporting children and adolescents with managing their sleep difficulties and things parents/carers can do to help.           | Tuesday 5 <sup>th</sup> August 6-8 pm                                                                                              |
| <b>Developing your Child's Emotional Literacy</b><br>A workshop focused on parents supporting their child with developing emotional literacy.                                                        | Thursday 10 <sup>th</sup> July 6-8 pm<br>Tuesday 12 <sup>th</sup> August 10 am-12 pm<br>Thursday 25 <sup>th</sup> September 6-8 pm |
| <b>General Emotional Wellbeing and Regulation Tips for Parents/Carers</b><br>A workshop focused on parents supporting their child's general emotional wellbeing and ability to emotionally regulate. | Wednesday 16 <sup>th</sup> July 10 am-12 pm<br>Tuesday 19 <sup>th</sup> August 6-8 pm<br>Wednesday 24 September 10 am-12 pm        |

To access the recorded **Emotionally Based School Avoidance Webinar** please visit:  
<https://www.hct.nhs.uk/service-details/service/childrens-wellbeing-practitioners-21/>

# JAZZ TECHNIQUE WORKSHOPS



**KEEP TRAINING ALL SUMMER LONG WITH OUR JAZZ TECHNIQUE  
WORKSHOPS!**

**JOIN US ON TUESDAYS: 5TH AUGUST, 12TH AUGUST & 26TH AUGUST  
TO KICK, LEAP & STRENGTHEN ALL SUMMER LONG!**

**CASSIOBURY JUNIOR SCHOOL, 5:30PM-7:00PM**

*Charlotte Amelia*  
SCHOOL OF DANCE

**Lilo & Stitch**  
**Dance Workshop**

**Tuesday 29<sup>th</sup> July 2025**  
**10:00am - 13:00pm**  
**Cassiobury Junior School**  
**Ages 4-9 years**

**Dancing, Crafts, Hula  
dancing & much more!**

**Get your hula on  
stitch style!**



**One of the best skills children can learn, opening up opportunities for fun, independence, activity and health for a lifetime.**

#### **LEARN TO BALANCE AND RIDE (L2BR)**

- For children typically aged between 3.5 and 11
- 85% + of children are normally riding after 2 sessions
- 1 Instructor to max 5 children
- Balance bike and lightweight pedal bike for each child included in price
- 1 hour sessions

#### **DEVELOPING BETTER BIKE CONTROL (DBBC)**

- Follow-on course for new or inexperienced riders
- Covers key skills of starting, stopping, turning, looking, riding close to others, gears and signalling
- 1 Instructor to max 5 children
- Bike provided if required (extra £5.00)
- 1 hour sessions

**£36** for two sessions.  
**£23** for one session.

**Full course details at: [www.hertsbalance.uk/course-descriptions](http://www.hertsbalance.uk/course-descriptions)**

|               |                                                                          |
|---------------|--------------------------------------------------------------------------|
| <b>Dates:</b> | <b>Monday July 21<sup>st</sup> and Tuesday July 22<sup>nd</sup></b>      |
| <b>Venue:</b> | <b>Tudor Primary School, Hemel Hempstead, HP3 9ER</b>                    |
|               | <b>Thursday July 24<sup>th</sup> and Friday July 25<sup>th</sup></b>     |
| <b>Venue:</b> | <b>The Ridgeway Academy, Welwyn Garden City, AL7 2AF</b>                 |
|               | <b>Monday July 28<sup>th</sup> and Tuesday July 29<sup>th</sup></b>      |
| <b>Venue:</b> | <b>Cassiobury Junior School, Watford, WD17 3PD</b>                       |
|               | <b>Thursday July 31<sup>st</sup> and Friday August 1<sup>st</sup></b>    |
| <b>Venue:</b> | <b>Roundwood Primary School, Harpenden, AL5 3AD</b>                      |
|               | <b>Saturday August 23<sup>rd</sup> and Sunday August 24<sup>th</sup></b> |
| <b>Venue:</b> | <b>The Ridgeway Academy, Welwyn Garden City. AL7 2AF</b>                 |

For more information and to book, go to [www.hertsbalance.uk/public-schedule-booking](http://www.hertsbalance.uk/public-schedule-booking)  
email [phil@hertsbalance.uk](mailto:phil@hertsbalance.uk) or call Phil on 07941 061717.

Private L2BR, DBBC and Bikeability sessions are available for children and adults and families. Details at [www.hertsbalance.uk/private-sessions](http://www.hertsbalance.uk/private-sessions)



*Chess Challengers*  
Igniting Minds...

# Chess Challengers

UK's No.1 leading chess club



in Cassiobury Junior School, Watford

After school Chess Club

Starts on Tuesday 16th September 2025

Time : 3:30 pm - 4:30 pm

Chess Lessons & Tournaments

Pin it!

Register : [chess.challengers@outlook.com](mailto:chess.challengers@outlook.com)

Contact us if interested in chess camp during summer holidays.



*Encourage your child to explore a new skill !*

Cassiobury Junior School

# Gym Jams Gymnastics

## Autumn term course 2025

Monday morning club

@8:00- 8:40am

15th September - 8<sup>th</sup> December

No session on 27th October

12 course

**COURSE PRICE £102.00**

Open to KS2 only

All abilities welcome

Limited space available

A fun club learning key gymnastics skills, achieving awards & taking part in school displays.

Contact Coach Emily (MATERNITY COVER) via email to book  
[emoore.04@outlook.com](mailto:emoore.04@outlook.com)



For KS2 students  
in  
Yr 3 to Yr 6

£12 per class (Pay in  
advance for the term)

All material will be  
provided



# CREATIVE MINDS ART CLUB

After School Art Club at  
Cassiobury Junior School

Monday 3.20-4.30pm

You will:

- learn painting and drawing techniques
- use a variety of medium
- create your own fantastic artwork

To book please contact  
Namita Jain via email at  
[njain212@gmail.com](mailto:njain212@gmail.com) or via  
phone at 07976967824

*Hurry up, spaces are  
limited!*





**Cassiobury Junior School  
Mini Tennis Course Autumn 2025  
Tuesday 16 Sept– 14 October (5 weeks)  
3.30pm – 4.15pm**

I will be running tennis sessions for Year 3 & 4 children during the Autumn Term.

This Mini Tennis Programme promotes effective development of co-ordination, racket skills & movement in a fun environment. All equipment will be provided & cleaned. We will play on the top playground next to the MUGA, we're not guaranteed the hall, so if wet the session may be cancelled.

Pick up is at 4.15pm from the top playground gate.

The term will begin on **Tuesday 16 September** and will run for **5 weeks**, the cost is **£42.50**

**This is a very popular course so if over subscribed I will be holding a ballot for places on Friday 11 July**  
**Closing date for applications is**  
**Wednesday 9 July**

Booking a space can be done by phone, text, whatsapp or email  
07745 989123  
aegunn2001@gmail.com



**Mini Tennis Autumn Term 2025 (YR3&4)**

Please bring this slip to first session if successful in the ballot  
cheque made payable to "**Angie Gunn**" for **£42.50**  
(online payment available upon request)

Child's name \_\_\_\_\_ DoB \_\_\_\_\_

Mobile/Home Tel No. \_\_\_\_\_

Form / Class \_\_\_\_\_ email \_\_\_\_\_

Any medical conditions \_\_\_\_\_