



WELCOME TO CASSIOBURY JUNIOR SCHOOL NEWSLETTER No 1

Friday 12th September 2025

Dear Families,

Messages from Miss Sherry

Welcome back! It was great to see so many of you this morning at the 'Meet the Teacher' talks. Please stay familiar with the School Handbook for any queries.

Curriculum Newsletters

Please look out for your child's curriculum newsletter with information about what they will learn this year. These are available on the school's website:
<https://www.cassioburyjm.herts.sch.uk/curriculum/>

Author Visit

I am really pleased to have Paterson Joseph visiting the school. I believe that as well as writing this book, he has also performed Shakespeare at the RSC and appeared on Dr Who!

Jeans for Genes Day – NEXT Friday 19th September 2025

Children are allowed to wear school uniform polo shirt and cardigan/jumper and wear denim jeans, skirt, shorts, leggings, etc

Suggested donation of £1 on the School Gateway or in a money bucket on the school gate

Invitation for parents to attend the Special Educational Needs & EHCPs Information Session with Gemma Hall (DSPL9) and Mandy Brandon, SEND Implementation and Support Officers (SISOs)

We invite you to an information session focused on provisions for children with **Special Educational Needs/Disabilities (SEND)** and those requiring **Education, Health and Care Plans (EHCPs)**. This session is designed to provide guidance, answer questions, and support you in navigating the process of securing the right provisions for your child.

Date: Thursday 25th September 2025 **Time:** 9:30-11am **Location:** Cassiobury Junior School.

During the session, we will cover:

- Ordinarily Available provision
- The EHCP process: eligibility, application, and reviews
- The ways in which DSPL9 and Ask Sali support schools in meeting individual needs

We hope you can join us for this important discussion. **If you would like to attend**, please consent on the School Gateway so we have an indication of numbers attending.

Online Safety Newsletter – September 2025

Please see below the Online Safety Newsletter below.

DSPL9 (Delivering Specialist Provision Locally) Newsletter

See the link for this week's DSPL newsletter - <https://drive.google.com/file/d/1QgcLxw-zYO1lkhPiCJfVkJhUEirhZVw4/view>

Hemel Hempstead Training Band – all ages welcome!

Please see the flyer below regarding your local brass band! The Hemel Hempstead Band, based just down the road in Apsley, are welcoming brass players to join their training band. If your child is learning a brass instrument, please contact hemelhempsteadband@gmail.com or scan the QR code for more details!

Come along and have fun making new friends and making music!

Mental Health Support Team

Please see the flyers below from the Mental Health Support Team.

GymJams Gymnastics – Autumn Term 2025

Please see the flyer below regarding the GymJams Gymnastics Club at Cassiobury Junior School starting on Monday 15th September 2025. To book, please contact the club direct.

Chess Challengers Club – Autumn Term 2025

Chess Challengers Club are returning in the Autumn Term 2025 from Tuesday 16th September 2025 at Cassiobury Junior School. Please see the flyer below for details regarding how to book.

Gardening Club – Autumn Term 2025 – Year 5 & 6

Miss Sherry and Mrs Clarke will be starting Gardening Club from 22nd September 2025 for the Autumn Term. They will be making a memorial garden within the school grounds. If you are interested for your child to join in the Autumn Term, please look out for the email next week.

Year 5 & 6 Choir – Autumn Term 2025

Mrs Harrison will be starting the Year 5 & 6 Choir over the next few weeks. Please keep an eye on emails to sign up as spaces are limited.

Circuit Training and Pilates for adults at Cassiobury Junior School

Please see the flyers below regarding the above evening classes being held at Cassiobury Junior School.

Special Mentions

ALL of 3 Alder - for a brilliant first week in Year 3, you have all wowed me with your knowledge and how quickly you have settled in.

ALL of 3 Apple - Well done on a fabulous first week at the Juniors. You are settling well into routines and expectations. I'm excited for the year ahead together - keep up the great work!

ALL of 3 Ash - for a busy week of successfully settling in to the Juniors! We are so excited for the year ahead!

4 Hawthorn – Jasleen G - for sensible and thoughtful input into our discussion on the Zones of Regulation and **Sienna P** - for a focused start to Year 4.

4 Hazel – Isha N - for a brilliant example and explanation on her Roman Numerals math's challenge and **Chloe M** - for settling in well in her new class and trying her very best in her English and Math's work.

4 Holly – Zakariya M - for being a good friend to his class mates and jumping to help or share equipment and **Matthew B** - for showing a good work ethic and contributing to class discussions frequently.

5 Pear – **Layla A** and **Vihaan A** - for being excellent role models for behaviour and their efforts in class discussions. A great start to the year.

5 Pine – **Margot G** & **Yusuf A** - for making excellent recipes for a good friend.

5 Poplar – **Rishi C** - for making positive choices this week, having great manners and carrying out jobs sensibly. **Sumedh J** - for settling into the new school environment and engaging positively with peers and staff.

6 Beech - **Zahra M** and **Shray P** - for being kind, helpful and polite, and setting a great example to others in the first week back.

6 Maple - **William H** and **Layla B** - for enthusiastically engaging with and contributing to all discussions this week in class. Well done and keep it up!

6 Oak – **Shaun C** - for excellent effort with handwriting joins and **Ruqaiyah H** - attention to detail in presentation skills.

Well done to..



Merak J - 4 Hazel – for completing the library summer reading challenge over the holidays and he has achieved a Distinction in his LAMDA Grade 2 public speaking exam – well done!

Have a lovely weekend!

Miss Sherry and the School Office Team

DATES FOR YOUR DIARY

SEPTEMBER 2025	
18 th	Individual Photographs (and sibling photographs @ 8am to 8.40am – Dance Studio)
19 th	Jeans for Genes Day – wear school uniform polo shirt and cardigan/jumper and wear denim jeans, skirt, shorts, leggings, etc
19 th	Secondary school application talk for Year 6 parents, Year 5 parents are welcome - 9am in School Hall
25 th	Invitation to Special Educational Needs & EHCPs Information Session with Gemma Hall (DSPL9) and Mandy Brandon, SEND Implementation and Support Officers (SISOs) – School Hall – 9.30am to 11am – <i>Please consent on the School Gateway if you will be attending.</i>
OCTOBER 2025	
9 th	Year 4 Theatre Trip to The Lion, The Witch and The Wardrobe – see separate correspondence
13 th	Year 6 Height and Weight – see separate correspondence
15 th	Flu immunisation – see separate correspondence to follow
20 th	F2F - Parent/Teacher Consultations – more details to follow
23 rd	Paterson Joseph – Author Visit – see separate correspondence
24 th	Inset Day – school closed
27 th – 31 st	Half Term
NOVEMBER 2025	
6 th	Autumn Term Concert @ 6pm – more details to follow
7 th	Year 4 Anglo Saxon Day – more details to follow
25 th	Year 6 First Aid training – see separate correspondence
25 th	Flu immunisation mop up day
26 th	Year 4 Advent visit to St Luke's Church – more details to follow
28 th	Occasional Day

DECEMBER 2025	
8 th	Year 3 & 4 Pantomime – more information to follow
9 th	Year 5 & 6 Pantomime – more information to follow
12 th	Christmas Jumper / Festive Outfit Day / Christmas Dinner Day
19 th	Autumn Term 2025 ends at 1.05pm
JANUARY 2026	
5 th	Inset Day – school closed
6 th	Back to School for the Spring Term 2026
FEBRUARY 2026	
4 th	Young Voices 2026 – Year 6
16 th – 20 th	Half Term
MARCH 2026	
27 th	Spring Term 2026 ends @ 1.05pm
APRIL 2026	
13 th	Back to school for the Summer Term 2026
MAY 2026	
4 th	Bank Holiday
25 th – 29 th	Half Term
JUNE 2026	
JULY 2026	
23 rd	Summer Term 2026 ends @ 1.05pm
SEPTEMBER 2026	
1 st	Inset Day – school closed
2 nd	Inset Day – school closed
3 rd	Autumn Term starts
OCTOBER 2026	
23 rd	Author Visit – Paterson Joseph visiting – see School Gateway
26 th – 30 th	Half Term
NOVEMBER 2026	
27 th	Occasional Day – school closed
DECEMBER 2026	
18 th	Autumn Term 2026 ends at 1.05pm
JANUARY 2027	
4 th	Inset Day – school closed
5 th	Spring Term 2027 starts
FEBRUARY 2027	
15 th – 19 th	Half Term
MARCH 2027	
25 th	Spring Term 2027 ends at 1.05pm
APRIL 2027	
12 th	Summer Term 2027 starts
MAY 2027	
31 st – 4 th June 2027	Half Term
JUNE 2027	
25 th	Inset Day – school closed
JULY 2027	
21 st	Summer Term 2027 ends at 1.05pm
22 nd	Inset Day – school closed

Hemel Hempstead Band

Beginner and Training Band

We rehearse on Mondays:

6-6.30pm (Beginners)

6.30-7.30 (Training Band)

7.45-9.45 (Main Band)

BRASS & PERCUSSION ALL LEVELS



Or click the QR code below or this
hyperlink [link to register](#) to join us
in September 2025!



All Ages and Levels
Welcome!

Looking forward to having
fun making music with you!
Get Involved!

Contact us on:
hemelhempsteadband@gmail.com



Dear Colleagues

We have three online courses starting in October which are fully funded by HCC for parents and carers who may need some additional support:

- For Dads and male carers: Wednesdays 8 October – 4 December 7.00pm – 9.00pm please [click here for the poster....](#)
- For Mums, Dads & Carers: Thursdays 9 October – 4 December 9.30am – 11.30am [click here for the poster....](#)
- For Mums, Dads & Carers: Thursdays 9 October – 4 December 7.00pm – 9.00pm [click here for the poster....](#)

This 8-week course can help mums, dads and carers:

- Understand how Feelings, Thoughts and Behaviour link together
- Understand what may be influencing their child's behaviour
- Respond to a range of feelings e.g. stress, anger, anxiety and worries
- Improve communication to build better relationships
- Build on their own and their child's strengths
- Learn strategies to help them and their children feel safe

For all enquiries and to make a referral, please email enquiries@familiesfeelingsafe.co.uk or call 07850 518216



Online Safety Newsletter

Sept 2025

Coverstar

Coverstar say they are "the safe TikTok alternative." They state, "there is no specific age limitation...however, if you are under the age of 13, you must obtain parental consent." Users can post, comment and livestream.

Whilst Coverstar does not include private messaging, users can still interact via public comments. Coverstar does use moderation tools to scan all user-generated content. It is also important to be aware that Coverstar does allow in-app purchases ranging from £0.99 - £59.99.

If your child is using this app, ensure they know how to use the reporting tools. Bark provide a full review of Coverstar here, but they rate it as suitable for 10+:

<https://www.bark.us/app-reviews/apps/coverstar-app-review>

Test your knowledge: Online Scams

Childnet have created a quiz for 9-13 year-olds that includes a range of potential online scams, as well as tips to help your child protect themselves online. Find out more here:

<https://www.childnet.com/blog/test-your-knowledge-about-online-scams-with-our-quiz-for-9-13-year-olds/>

Online Safety Act

What is the Online Safety Act?

The Online Safety Act 2023 is a set of laws introduced to protect children and adults online. Ofcom is the regulator for online safety in the UK, responsible for ensuring companies follow the new rules. As part of this role, Ofcom have designed the Children Codes of practice, which came into force in July 2025. The codes outline what all online services likely to be accessed by children must do to protect children online, for example:



- Enforce age limits.
- Protect children from accessing harmful or age-inappropriate content. This includes content relating to self-harm and eating disorders.
- Ensure users can easily report harmful content.

Ofcom has the power to enforce the rules as well as issue fines if companies fail to comply. You can find out more here:

<https://www.ofcom.org.uk/online-safety/protecting-children/new-rules-for-a-safer-generation-of-children-online>

How will it help to protect my child?

One of the main purposes of the Act is to protect children online. Ofcom has published information on how they are helping children to be safer online. The first link is a guide for parents, which also includes a section on what you can do as a parent. You can access this information here:

- <https://www.ofcom.org.uk/online-safety/protecting-children/how-ofcom-is-helping-children-to-be-safer-online-a-guide-for-parents>
- <https://www.ofcom.org.uk/online-safety/protecting-children/how-the-online-safety-act-will-help-to-protect-children>

Further information

Online Safety Act: explainer:

<https://www.gov.uk/government/publications/online-safety-act-explainer/online-safety-act-explainer>

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleycitylearningcentres.org.uk/sept-2025/>

Artificial Intelligence (AI)

What is AI?

AI is when a computer/machine can learn and perform tasks like a human. Its popularity continues to grow, and examples include:

- **Search engines** such as Google now include an AI-generated overview as part of their results.
- **Virtual assistants** like Alexa, Meta AI and Siri.
- **Chatbots** such as ChatGPT and My AI from Snapchat.



Opportunities

AI can be an effective tool when used correctly, for instance:

- **Homework** – children can use AI to support and assist their learning.
- **Advice** – AI can be used to provide information and suggestions on a variety of topics.

Risks and concerns

- **Misinformation** – ensure your child understands that AI can sometimes provide incorrect or misleading information.
- **Privacy issues** – read any privacy policies before using.
- **Chat apps** – a simple search of “AI Chat” within the App store highlights the number of apps already available that are not suitable for children as many are rated as 17+.
- **Image manipulation** – there are AI tools that can be used to digitally remove clothes from photos, which clearly raises serious safeguarding and privacy concerns.
- **Deepfakes** – there are also AI tools that create realistic, fake videos that can be used to spread misinformation or cause harm.

How can I protect my child?

To help keep your child safe online, it is important to:

- Check age ratings of any apps or websites that your child accesses.
- Develop your child’s digital literacy by highlighting the risks of AI and showing them how important it is to verify what they see online.
- Set up appropriate parental controls on their devices/ broadband.
- Chat to your child regularly and ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information

- Overview: <https://www.internetmatters.org/advice/by-activity/using-artificial-intelligence/what-is-ai-artificial-intelligence/>
- Should you worry if your child has an AI friend? <https://parentzone.org.uk/article/should-you-worry-if-your-child-has-ai-friend>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.09.25. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

Roblox: Grow a Garden

Roblox is a platform consisting of a collection of games. Grow a Garden is one of the latest games available on Roblox and is extremely popular. The game is labelled as ‘minimal’ for content maturity, which Roblox define as “may contain occasional mild violence, light unrealistic blood, and/or occasional mild fear.” Roblox believe that the game play is suitable for everyone. However, as the game is on Roblox, it is important to be aware of the following:

- **Chat** – strangers can interact with your child.
- **In-game purchases** – this game does include in-game purchases.
- **Screentime** – set limits for how long your child is playing.

A lot of the content on Roblox is user generated, which may mean not all games will be suitable for your child to view/play. If your child is playing Roblox, it is important to monitor what your child is accessing, ensure they know how to use any reporting tools and set up appropriate parental controls.

Further information

<https://en.help.roblox.com/hc/en-us/articles/30428310121620-Parental-Controls-Overview>

Grooming online

Grooming is when somebody seeks to build a relationship with a child to exploit them or cause harm.

It is important that we teach our children how to recognise red flags. Childline have lots of useful information on their website, including where to get further support from:

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-grooming/>

Cassiobury Junior School

Gym Jams Gymnastics

Autumn term course 2025

Monday morning club

@8:00- 8:40am

15th September - 8th December

No session on 27th October

12 course

COURSE PRICE £102.00

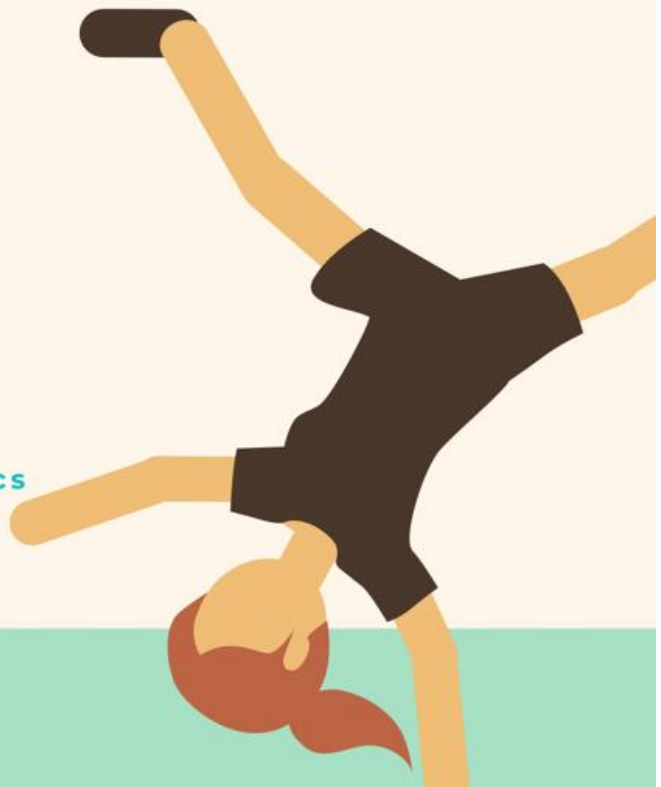
Open to KS2 only

All abilities welcome

Limited space available

A fun club learning key gymnastics
skills, achieving awards &
taking part in school displays.

Contact Coach Emily (MATERNITY
COVER) via email to book
emoore.04@outlook.com



For KS2 students
in
Yr 3 to Yr 6

£12 per class (Pay in
advance for the term)

All material will be
provided



CREATIVE MINDS ART CLUB

After School Art Club at
Cassiobury Junior School

Monday 3.20-4.30pm

You will:

- learn painting and drawing techniques
- use a variety of medium
- create your own fantastic artwork

To book please contact
Namita Jain via email at
njain212@gmail.com or via
phone at 07976967824

*Hurry up, spaces are
limited!*



"My girls started Samurai Kickboxing just over a year ago, I couldn't have imagined what a massive part of their lives it would become. My two quiet, shy & lacking self-confidence girls have transformed into strong, confident young females with awesome kickboxing skills!"



Samurai Kickboxing – Back This September!

Is your child ready to boost their confidence, build focus and stay fit — all while learning Kickboxing?

Join Our Exciting Kickboxing classes!

With over 12 years' experience and 1,500+ students across Jersey and the UK, Samurai Kickboxing delivers high-quality sessions that help children thrive.

Cassiobury Junior School

Day & Time: Thursdays 7.40 – 8.40am

Dates: 11th Sept - 16th Oct & 6th Nov - 4th Dec

Years: Years 3,4,5 and 6

Cost: £120 for the term

Sibling discount: 15% (for 3 or more children)

Multi-class discount: 25% off a second weekly class (excl. Elite)

New to Samurai? Try a Class for FREE!

We'd love to welcome your child to a free trial.

[Book your free session](#) or secure your space for the term now.

Returning Students – Time to Re-Enrol

Secure your child's place before it fills up:

Log in to our [Parent Portal](#)

Select **Classes > Enrol**

Find your class & **Add to Enrolment List > Confirm**

Tip: Download the *Class Manager – Customer Portal* app for quick access!

Need to split your payments? No problem — just drop us a line at info@samuraikickboxing.com

Please note: Due to insurance regulations, we can only teach students who have a confirmed booking.

Stay in the Loop: visit www.SamuraiKickboxing.com for info on: Gradings | Holiday Camps | Birthday Parties & more!

Follow us for updates and behind-the-scenes action:

Facebook: [SamuraiKickboxingUK](#)

Instagram: [@SamuraiKickboxing](#)

e: info@SamuraiKickboxing.com

t: 07828 534817

www.SamuraiKickboxing.com



Cassiobury Junior School
Mini Tennis Course Autumn 2025
Tuesday 16 Sept– 7 October (4 weeks)
3.30pm – 4.15pm

I will be running tennis sessions for Year 3 & 4 children during the Autumn Term.

This Mini Tennis Programme promotes effective development of co-ordination, racket skills & movement in a fun environment. All equipment will be provided & cleaned. We will play on the top playground next to the MUGA, we're not guaranteed the hall, so if wet the session maybe cancelled.
Pick up is at 4.15pm from the top playground gate.

The term will begin on **Tuesday 16 September** and will run for
4 weeks, the cost is **£34.00**

Angie Gunn
07745 989123
aegunn2001@gmail.com



Mini Tennis Autumn Term 2025 (YR3&4)

Please bring this slip to first session if successful in the ballot
cheque made payable to "**Angie Gunn**" for **£34.00**
(online payment available upon request)

Child's name _____ DoB _____

Mobile/Home Tel No. _____

Form / Class _____ email _____

Any medical conditions _____

Mock Transfer Tests 11+

When a helping hand is all you need



11+ After School Club

Autumn Term Classes

Starting 15th September

Yr 4 class & Yr 5 class

Monday -3.15pm – 4.30pm

- Considering tutoring for the 11+?
- MTT runs an After School Class for Yr4 & Yr5
- Qualified teachers & experienced TA in each class.
- Structured proven programme for the SW Herts Tests
- If you want to enrol, use the following QR code and complete the enrolment form

www.mocktransfertestests.co.uk

enquiries@mocktransfertestests.co.uk Tel:: 07785 770801



Parent & Carer Support Autumn Term 2025



FREE to parents and carers living in Hertfordshire

TALKING TEENS

6, weekly sessions for parents and carers of children aged **12-19**, covering:

- The Teen Brain: physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.



Tuesdays 7.45 - 9.15pm

16th Sep – 21st Oct

Online Course: ID 778

Thursdays 7.45 - 9.15pm

6th Nov – 11th Dec

Online Course: ID 777

TALKING ANGER in TEENS

6, weekly sessions for parents and carers of children aged **11-19**, supporting you to:

- Understand why children & adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger.
- Reduce conflict and arguments.
- Encourage positive behaviour.



Tuesdays 7.45 - 9.30pm

4th Nov – 9th Dec

Online Course: ID 775

TALKING ADDITIONAL NEEDS

A 6-week group for parents and carers of children **2-19**, with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.



Wednesdays 7pm - 9pm

5th Nov – 10th Dec

Course ID 771

**Reddings Family Centre,
Bushey, WD23 3PE**

Wednesdays 9.45 - 11.15am

17th Sep – 22nd Oct

Course ID 770



TALKING FAMILIES

6, weekly sessions for parents and carers of children aged **0-12** sharing tips on:

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.



Wednesdays 8.00 - 9.30pm

17th Sep – 22nd Oct

Online Course ID 774

Tuesdays 9.45 - 11.15am

4th Nov – 9th Dec

Online Course ID 772

Tuesdays 8.00 - 9.30pm

4th Nov – 9th Dec

Online Course ID 773

TALKING ANXIETY in TEENS

6, weekly sessions for parents and carers of children **11-19**, supporting you to:

- Understand why young people and adults get anxious.
- Develop strategies to handle anxiety in yourself and others within your family.
- Recognise the early signs of anxiety.
- Reduce stress and tension.
- Encourage resilient behaviour.



Tuesdays 7.45 - 9.30pm

16th Sep – 21st Oct

Online Course ID 776

TALKING DADS

6, weekly sessions for dads & male carers of children **0-19**, sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.



Wednesdays 7.45 - 9.15pm

17th Sep – 22nd Oct

Online Course: ID 779

Wednesdays 7.45 - 9.15pm

5th Nov – 10th Dec

Online Course: ID 780

Booking essential. Please Quote the Course ID

To check eligibility and book a place, please contact Supporting Links on:
07512 709556 or bookings@supportinglinks.co.uk

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund
Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request

Parent & Carer Support TALKING ASD & ADHD Workshops Autumn 2025



Workshops are FREE to parents and carers living in [Hertfordshire](#) of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

← Eventbrite Page

RESPONDING to ANGER



- Healthy & unhealthy anger.
- How to spot the signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Tuesday 23rd September, 9.30-11.15am

Workshop SL781 book via Eventbrite:

<https://www.eventbrite.co.uk/e/asd-adhd-responding-to-anger-781-for-parentscarerers-in-herts-registration-1413258727899?aff=oddtcreator>

THE TEENAGE YEARS



- Teenage brain development and how it affects a child with ASD/ADHD.
- Reducing conflict by learning how to respond effectively to difficult situations.
- How to agree appropriate boundaries and teach risk assessment.
- Help teens develop independence skills.

Monday 13th October, 7.30-9.15pm

Workshop SL782 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-the-teenage-years-782-for-parentscarerers-in-herts-registration-1417376895449?aff=oddtcreator>

SCHOOL AVOIDANCE



- What is Emotionally Based School Avoidance and is this what your child is experiencing?
- Common causes and triggers of school avoidance.
- How EBSA is affecting you and your family.
- Practical steps you can take to support your child and look after yourself.
- How to work with your school in your child's best interests.

Monday 10th November, 7.30-9.15pm

Workshop SL783 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-school-avoidance-783-for-parentscarerers-in-herts-registration-1417463965879?aff=oddtcreator>

TECH USE



- Keep your child safe online.
- Help your child to switch their device off.
- Support behaviour difficulties when playing.
- The effect of using devices as a reward or consequence.
- Teach children to develop their own methods of regulating device use and staying safe.

Monday 24th November, 7.30-9.15pm

Workshop SL784 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-tech-use-784-for-parentscarerers-in-herts-registration-1417436894909?aff=oddtcreator>

Follow us on:



Contact via:

info@supportinglinks.co.uk
www.supportinglinks.co.uk

Funded by Hertfordshire County Council's Targeted Parenting Fund



Information you share with us is used to process your booking and will be held securely and only shared in accordance with our GDPR Policy.