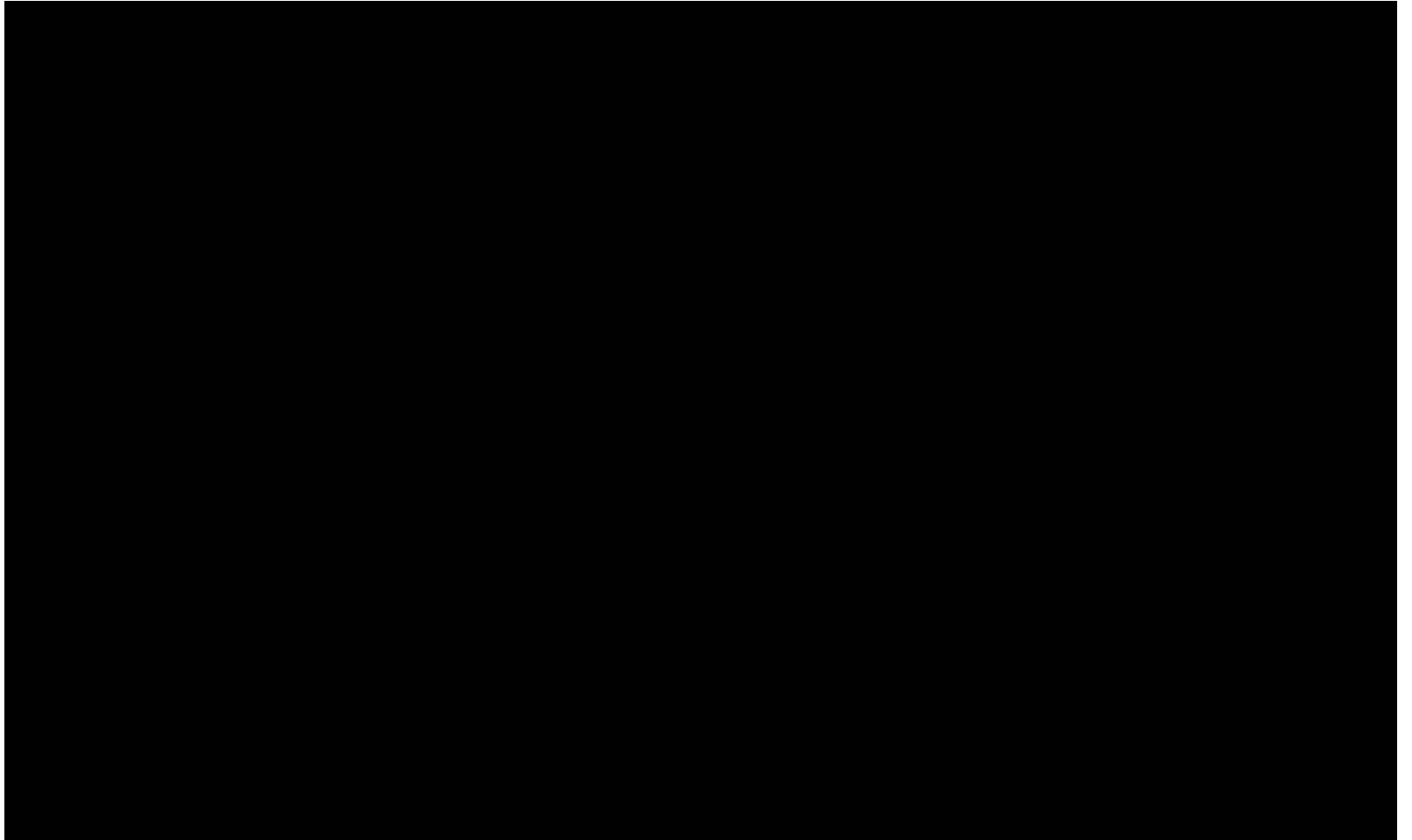




LEADERS IN CREATIVE PSHE EDUCATION & TRAINING



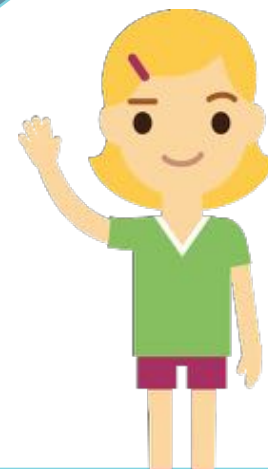
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This presentation will cover:

- Reporting to CEOP
- Young SEND people online
- Live streaming and gaming
- What can you do?
- resources for primary
- resources for parents and carers



What is E-Safety?

- Technology continues to change the way we live and work. To help us to use technology to its full potential we must understand the positive and negative aspects of its use.
- E-safety is not about technology
- It is about our behaviour and the behaviour of other people.

**What do we use the
internet for?**



The internet doesn't just involve Computers

- Music downloads - e.g. iTunes
- Multiplayer games with chat
- YouTube and video sites on PCs, iPads and phones
- Email, chat, messaging, text messaging
- Mobile phones
- Social networking profiles
- Downloading games, music and films

Introduction

- Families of children with disabilities often use the Internet as a key tool to keep them informed about their legal rights, appropriate treatments and services that might be available for their families.
- Parents often seek advice and support from online networking groups and forums and these can help us shape our plans for ensuring our children get the support they need.
- Use of the Internet is on the increase with 22.5 million households in Great Britain having an Internet connection in 2015. This represented 86% of households.
- As a society we shop online, socialise online and learn online.
- Increasingly, children and young people are learning and socialising using online resources.
- Many children with special educational needs are supported to use information technology in schools to allow them to access their education more successfully.
- Children use the Internet to do their homework, to play games and to socialise with their peers.

Introduction

- There are real benefits to young people with learning disabilities and autism using the Internet to support learning and social interaction.
- Increasingly the Internet caters for children and young people with learning disabilities and autism through using accessible design and simplified language, as well as instantly available video clips.
- For children with complex needs these can provide wonderful opportunities for learning.
- Young people with autism and other communication disorders often find Internet communication easier than face to face communication.
- On the Internet people's use of consistent and easily recognisable emoticons replaces the need to decode people's body language, facial expressions and vocal tone that can be problematic in personal communications.
- Internet-learning provides opportunities for learning through repetition that supports children who take longer to learn new things and embeds the learning they do in the classroom by undertaking activities as many times as they need to, in order to consolidate their learning.



Why as Parents You Might Be Concerned

- ♦ Cyber bullying
- ♦ Online privacy and personal information
- ♦ Reputation management and 'digital footprint'
- ♦ Sexting, grooming, pornography and inappropriate material
- ♦ Illegal downloads and copyright infringement
- ♦ Spam, viruses and malware
- ♦ Children lying about their age to get onto social networking platforms with a 13+ age limit
- ♦ Primary pupils as likely as secondary to access inappropriate material
- ♦ Year 9 girls most susceptible to 'grooming'
- ♦ Year 6, 10 and 11 most likely to plagiarise (boys more commonly than girls)

SEND risks



- Risk can be more profound for young people with a learning disability as a result of increased vulnerability, tendencies towards obsessive compulsive behaviour and social naivety.
- E.g. Pupils with SEN are 12% more likely to have experienced cyberbullying than those who did not

Anti-Bullying Alliance: Cyberbullying and children and young people with SEN and disabilities: guidance for teachers and other professionals May 2015

Making your home internet safe

The Internet contains a wealth of images, video and information. Much of it is positive, but there is also content that is not appropriate for children to see.

- **Keep computers in family rooms**

Most Internet safety guidance suggests that one of the most effective ways of ensuring that the content your child views is appropriate is to place the computer in a family room with the screen facing into the room.

- **Install Internet filters**

Internet filters are software which are designed to control what content a user can see. It is used to restrict material delivered over the web.

- **Install child-friendly browsers**

Child-friendly browsers automatically filter results that are adult in content.

- **Protect against viruses**

Computer viruses are a small piece of software that can damage your computer. Anti-virus software should be installed.

- **Install parental guidance locks on popular sites**

Most browsers and video playback sites have the capacity to lock adult content and prevent it from being viewed through the use of a pin code.

- **Prevent postural problems**

Set up your computer area in a way that encourages your child to sit in a beneficial position, and demonstrate how you expect them to sit.

Resources to make your home internet safe

- **UK Safer Internet Centre** - <http://www.saferinternet.org.uk>
This site contains advice on how to use the Internet and new technologies safely and responsibly as well as a range of practical resources, news and events focussing on the safe and responsible use of the Internet and new technologies.
- **K9 Web Protection** - <http://www1.k9webprotection.com/>
Website which offers free internet filtering and parental control software.

Child Friendly browsers

- **Safe Search for Kids** - <http://www.safesearchkids.com/>
Safe Search for Kids is a child friendly search engine powered by Google. The website has a safe browsing feature which overrides your computer search settings to remove potentially explicit material when searching google.
- **Google Family Safety Centre** - <http://www.google.co.uk/familysafety>
Google Family Safety Centre provides parents and teachers with practical tools to help them choose what content their children see online. Look out for the video tips on how to set up safe searching on Google and YouTube.
- **Yahoo Search Safety Guide**- <https://safety.yahoo.com/UK/SafetyGuides/Search/index.htm> Similar to Google Family Safety Centre, Yahoo Search Safety Guide provides parents with information on how to choose the content their children view online, as well as practical tips for keeping children safe online.

Protection Against Viruses

- **Microsoft Security Essentials**- <http://windows.microsoft.com/mse> Microsoft provides excellent free antivirus software.
- **BBC** -<http://www.bbc.co.uk/webwise/guides/virus-protection>
This BBC page gives basic guidance on how to protect your computer against viruses and recommends a variety of free anti viral software.

Install Parental Guidance Locks on Popular Sights

Websites designed for a range of age groups that contain adult or disturbing content should have a capacity for blocking certain content using a pin. Normally this capacity can be found by entering the help/guidance/support/safety centre pages from the home page.

Online Television Locks

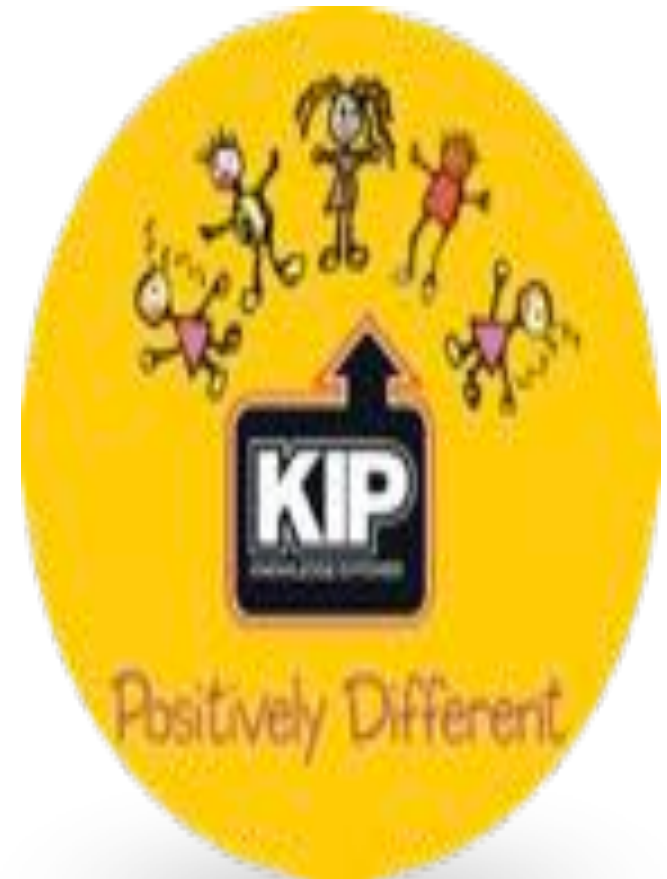
The following links will take you to the parental locks pages of terrestrial English channels.

<http://www.bbc.co.uk/guidance/>

<https://www.itv.com/itvplayer/help/faq/9> <http://www.channel4.com/static/global/html/parentalContent.html>

<https://help.channel5.com/hc/en-gb/sections/200185031-Parental-controls>

<https://help.channel5.com/hc/en-gb/sections/200185031-Parental-controls>



Making Mobile Internet Safe

According to Ofcom, 34% of children aged 5-15 have their own tablet computer. The following sites provide advice and guidance:

- **The UK Safer Internet Center** - <http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parents-guide-to-technology>
The UK safer Internet center has a guide for parents around how to set safeguards on these devices.
- **Vodafone Parent's Guide** - <http://parents.vodafone.com/>
Provides information about how to apply Internet safety strategies to mobile phones and handheld devices and how to manage excessive use of the new technologies. This includes information around GPS tracking systems and their advantages and risks and how to manage these.
- N.B Each of the mobile networks have their own Internet safety pages. You can find these through your search engine.
- **Ofcom** - <http://consumers.ofcom.org.uk/internet/online-safety-and-security/>
Information about online access on mobile devices, games consoles and portable media players.
- **Childnet** - <http://www.kidsmart.org.uk/downloads/mobilesQ.pdf>
Provides a guide around what questions to ask when buying a mobile phone with Internet access for your child.

Preparing your child to use the internet

There is a great deal of guidance available on how to support your child to use the Internet safely.

Common guidance includes:

- Establish ground rules with your child about how they can use the Internet, when and for how long.
- Talk to your child about the kind of things it is ok to look at. A basic rule could be if I won't let you watch it on television, it's not ok to search for it online.
- Ensure your child knows to come to you or another trusted adult if they see something that upsets them.
- Talk to your child about what it is and isn't ok to tell people about themselves online.
- Encourage your child to use an online nickname and avatar and to tell you if anyone requests their real name, photos or information about where they live or go to school.
- Agree that if your child receives an email with an attachment that they will talk to you before they open it.
- Talk to your child about rules for being polite. These are equally important in online communication as in person

Cyberbullying

The Government offers the following 'cyberbullying code' as advice to parents on how to respond if your child is being bullied online or through other technology.

Keep the evidence

Keeping the evidence of cyberbullying is helpful when reporting an incident and may help in identifying the bully. This means keeping copies of offending emails, text messages or online conversations.

Reporting cyberbullying

There are a number of organisations that can help you if you need to report incidents of cyberbullying:

- The provider of the service
- The school
- The police

Cyberbullying advice and resources for parents

Anti-Bullying Alliance - <http://www.anti-bullyingalliance.org.uk>

The Alliance brings together over 60 organisations into one network with the aim of reducing bullying. Their website has a parent section with links to recommended organisations who can help with bullying issues. The anti-bullying alliance includes several disabled children's charities, and has a history of providing inclusive support and guidance.

Family Lives - <http://familylives.org.uk>

Family Lives has a specialist advice sheet on cyberbullying and children with special needs, plus a number of briefings available on podcast and video. They also have a parent helpline 0808 800 2222.

National Autistic Society (NAS) - <http://www.autism.org.uk/bullying>

The NAS has information on its website to support parents of children who are being bullied. They also have a helpline for parents 0808 800 4104.

Respect Me - <http://www.respectme.org.uk/checklists.html>

Respect me has a useful checklist for parents and carers of children who are being bullied online in Scotland.

Bullies Out - <http://www.bulliesout.com>

Web-based information and practical advice for children, young people and adults in Wales.

Education Support for Northern Ireland - <http://www.education-support.org.uk> Web-based information for parents, students and teachers about bullying and other issues.

Kidscape - <http://tinyurl.com/zn2gna9>

Provides advice and support to parents of children who are being bullied. The website also contains the government's guidance to schools on how to prevent cyberbullying amongst their pupils.

www.kipeducation.com

Know our friends - CEOP

The Child Exploitation
and Online Protection Centre



The UK's National Centre for Protecting Children

Risks: Privacy & Preventing Grooming

- Protecting children's privacy online is key to avoid receiving inappropriate images, requests and content from people they meet online.
- One third of 9-19 year olds who go online at least once a week report having received unwanted sexual (31%) or nasty (33%) comments via e-mail, chat, IM (instant messenger) or text message.
- Only 7% of parents/carers think their child have received such comments
- We often think our children are more aware of the need to keep personal information personal than they are. Forty-nine percent of children say that they have given out personal information; only 5% of parents/carers recognise that this may be the case

UK children go online. London: London School of Economics

Protecting Privacy and Online Safeguarding Advice and resources for parents

- **Child Exploitation and Online Protection (CEOP) Centre** - <http://www.ceop.police.uk>
The CEOP Centre is the UK's national police agency set up to tackle online child sexual abuse. If you are worried about someone's behaviour towards a child, online or offline, you can report this.
- **Virtual Global Taskforce (VGT)** - <http://www.virtualglobaltaskforce.com>
The Virtual Global Taskforce is made up of police forces around the world working together to fight online child abuse. The objectives of the VGT are: to make the Internet a safer place; to identify, locate and help children at risk; and to hold perpetrators appropriately to account. This site provides advice, information and support to both adults and children to protect themselves against child sexual abusers. It also provides information on how to report inappropriate or illegal activity with or towards a child online.
- **IWF** - <http://www.iwf.org.uk>
The IWF was established in 1996 by the Internet industry to provide the UK Internet hotline for the public and IT professionals to report criminal online content in a secure and confidential way.

Reporting to CEOP - www.ceop.police.uk



Risks: Antisocial behaviour and criminal activity

That's not cool - <http://www.thatshotcool.com>

This gives the tools to help young people think about what is, or is not, okay in their digital relationships. This website is aimed at young people 11+.



Benefits: Exploring special interests and learning tools

- ‘My son uses emails to communicate with me...so sometimes I get ones that say, ‘You’re horrible, you shouted and scared me’ or when he went through a stage of not allowing any kisses he would email me kisses or just tell me he loves me!
- He showed no interest in learning to read but about a year ago he suddenly started to read fluently. The only thing I can think of is using the lap top suddenly gave him a reason to learn and he has a reading age of about 10yrs now!
- He still has very strong obsessions...currently Harry Potter, I use the lap top as an incentive to behave, never as a punishment so he has a set time and earns more time according to behaviour... just 1 minute so it takes a lot to earn half an hour.
- The Internet is the most powerful tool I have, never ending!’

Online Networks

Talk about Autism - <http://www.talkaboutautism.org.uk>

An online community for parents, carers, professionals and adults with autism.

Wrong Planet - <http://www.wrongplanet.net>

US based web community for people with autism, including discussion forum, blogging function and access to articles.

Club Penguin - <http://www.clubpenguin.com>

Club Penguin is designed by Disney for 6-14 year olds. It is a safe virtual world where children can play games and interact with friends. Every message in the chat room is filtered to allow only pre-approved words and phrases and block attempts to communicate a phone number or other personally identifiable information. They also employ on-site staff to monitor activity and chat, receive reports of misconduct and provide personalised player support. Players who engage in inappropriate behaviour can be silenced or banned.

Hectors World - https://www.thinkuknow.co.uk/5_7/hectorsworld/

A site designed for 5 to 7 year olds. Like Club Penguin it is a safe virtual world where children can interact with each other online. It also has a number of cartoons which teach younger children how to use their computers safely.

WHAT IS THINKUKNOW?



Thinkuknow is the education programme provided by CEOP.

Thinkuknow offers resources for different audiences:

4-7

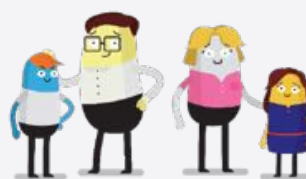
8-10

11-13

14+

Resources for those with special educational needs and disabilities (SEND)

Parents and Carers



Visit www.thinkuknow.co.uk for information and advice

Talk to your child

- Where do they go online?
- What do they like?
- What don't they like?

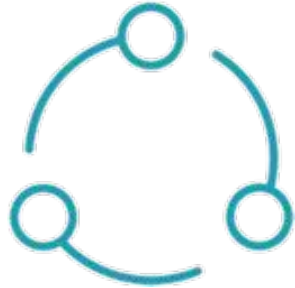
Listen. Don't judge. Learn...

Then start a conversation about staying safe.

Make sure they know they can come to you.



Understanding apps and games



Sharing



Chatting



Viewing



Friending

Live streaming

- Broadcasting live videos over the internet. Unmoderated & unpredictable
- Hugely popular with primary aged children
- Potentially huge audiences



The risks

- Children may not understand the risks of broadcasting to strangers. Younger children are especially vulnerable to pressure and manipulation.
- Offenders can use flattery, threats, dares and tricks, or post multiple comments in order to pressurise a young person to do inappropriate things on camera.





What is live streaming?

- Visual broadcast live over the internet via any smart phone or tablet with a camera
- Live streamed videos are unedited and shared without delay
- Unmoderated, unrehearsed & unpredictable
- Viewers can send gifts, comment and talk directly with the person live streaming



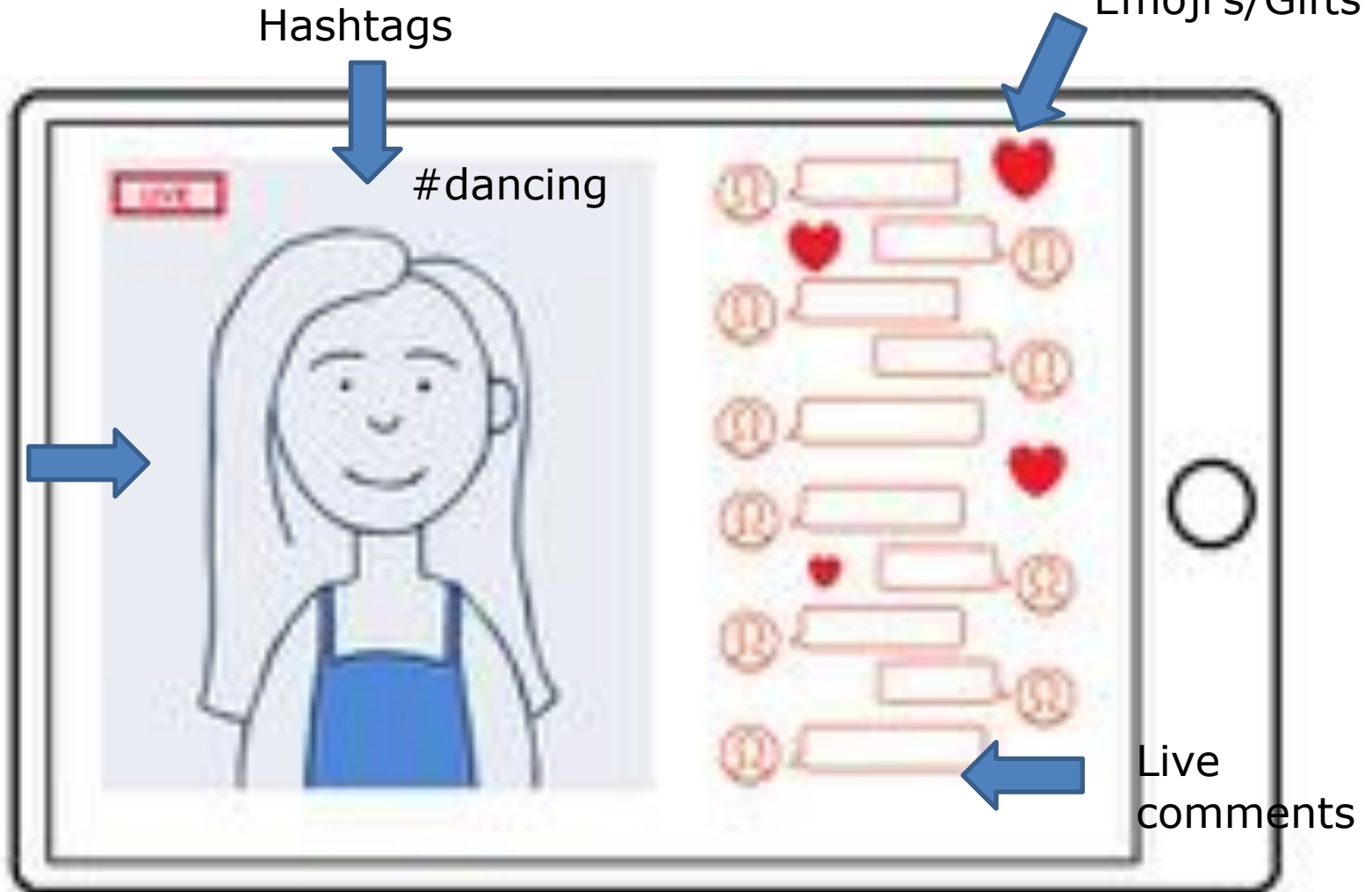


What does it look like?

Hashtags

Emoji's/Gifts

Live
stream



Live
comments



Popularity

Live streaming is highly appealing to children and young people as it offers the opportunity for them to be a creator and presenter and be seen by a potentially huge audience.



Live.me: Over 20,000,000 downloads



YouNow: 10,000,000 - 50,000,000 downloads



Live.ly: 5,000,000 - 10,000,000 downloads



Periscope: 10,000,000 - 50,000,000 downloads



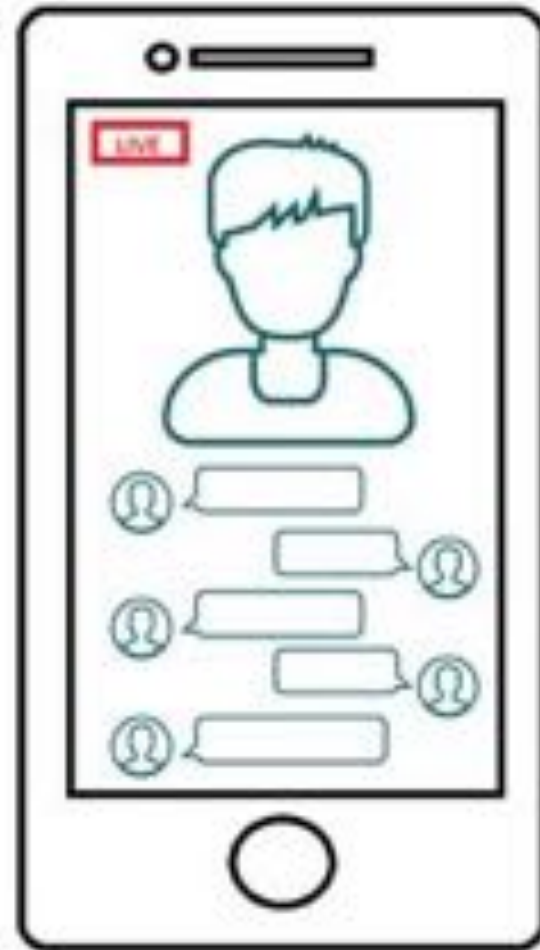
Musical.ly: 100,000,000 - 500,000,000 downloads

* References: Google Play October 2017. All referenced have an age limit of 13+ years



Risk factors

- Developmental stage
- Reduced inhibition online
- Live streaming is 'in the moment'
- Tactics such as trickery
- Affirmation
- Power of multiple comments
- Fear



What can you do?

- Ongoing conversations with your child about their internet use
- Children should only live stream in public rooms
- Look out for children moving to private platforms
- Build resilience, particularly where children are feeling lonely
- Encourage children to identify safe and trusted adults
- Make sure children know where to go for support





Positive vs unhealthy attention



- Schedule planned attention
- Give personal and positive feedback
- Be a positive role model
- Encourage choice and consent from an early age

Online gaming

- Multi-player games
- Chat functions – instant messenger, voice over
- Risk from inappropriate content and contact



Risk Factors

- Offenders can build relationships over online games
- Offenders use gifts in gaming to encourage children to trust them
- Moving from gaming to private platforms



What can you do?

- Talk to your child about their life online.
- Make sure your child knows they can always come to you for help and they won't be blamed.
- Don't threaten to ban technology.

Practical steps you can take

- Create a family agreement and regularly review
- Primary aged children should only be live streaming and gaming in public rooms
- Use parental controls
- Report any concerns to local police, CEOP or the NSPCC

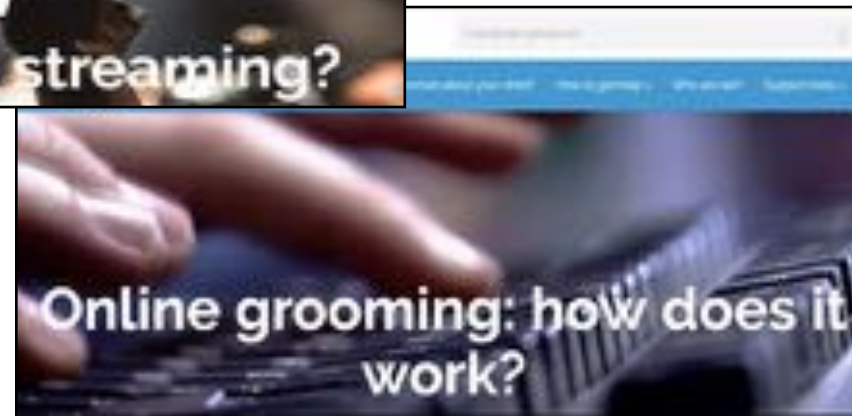
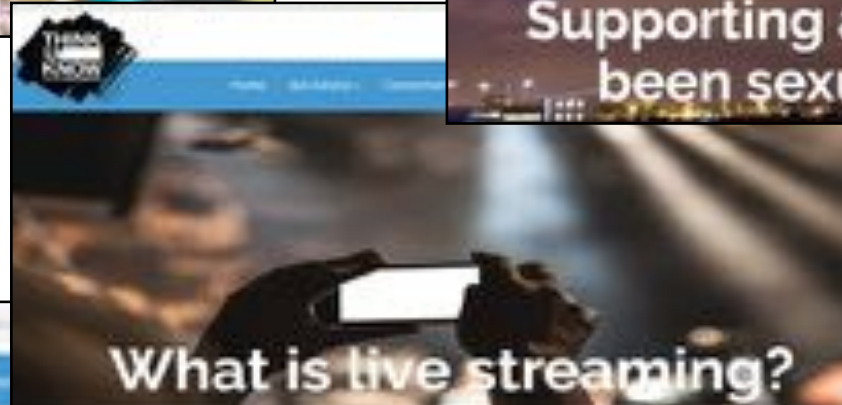


Resources for children



*Are your kids
safe online?*

Resources for Parents and Carers



www.parentinfo.org



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Help and advice for families in a digital world

Parent Info is a collaboration between [FamilyLine](#) and [NCA.ORG](#), providing support and guidance for parents from leading experts and organizations.

Staying up to date:



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www.thinkuknow.co.uk/parents



www.ceop.police.uk/safety-centre

Please contact the CEOP Education team directly at
ceopeducation@nca.x.gsi.gov.uk
If you have any queries or feedback on the training you have received.



**TECHNOLOGY CAN'T CATCH
EVERYTHING, SO COMMUNICATE!**

more of a TYPED
t

1-2-1 chat with a counsellor
'Ask Sam' problem pages
Private locker - a personal area
to write down your thoughts.





QUESTIONS



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