



Cassiobury Junior Mental Health Plan 2024

Focus area	Actions	Staff involved/leading
Develop links and joint working with Mental Health Support Team (MHST)	- Assign key link staff member to meet and work with MHST practitioners on a weekly basis and structured sessions to review cases termly. - liaise with SENDCo 8 week UCL 'Brain Buddies' programme offered to all year 5 pupils 1-1 MHST to work with parents - MHST group work delivered to children - EBSA training for all staff and talks for parents. - Hosting MHST Watford School events/training	Pete Rutherford
Distributing mental health support between more staff members	2 members of staff trained in ELSA 2 members of staff trained in Drawing and Talking - All staff trained on EBSA	Natasha Newman and Jenny Sherry
Develop use of EBSA	- All staff trained on EBSA - Talk delivered to parents - Daily review and monitoring of attendance - Support offered to parents	Pete Rutherford
Review the school, 'offer' for mental health/emotional support on the school website and through documents shared to parents.	Include- EBSA, MHST, Drawing and Talking, Art Therapy,	Pete Rutherford, Natasha Newman and Jenny Sherry
To run focus events	- Anti-bullying events - Childrens mental health week February 6th	Pete Rutherford, Jenny Sherry and Lauren Cassidy (PSHE lead)