

Any safeguarding concerns are reported to the Designated Senior Persons (DSP) – Miss Sherry, Mr Rutherford, Miss Keighley and Mrs Cassidy.



DRAFT - Pathways to Wellbeing Support at Cassiobury Junior School

At Cassiobury Junior School, we have a range of wellbeing support available to our community.

STAFF:

Mr Rutherford (Well-Being Lead and Mental Health Deputy)

Miss Sherry (Head teacher and Mental Health Lead)

Mrs Newman (Inclusion Lead, SENDCo and Mental Health Deputy)

Tier 1		Tier 2		Tier 3		Tier 4		
Worry Boxes	Weekly check ins	Drawing and Talking (Mr Rutherford or Mrs Newman)	Emotional Literacy Support Assistants (ELSA) (Mr Rutherford or Mrs Charalambides)	NHS Mental Health Support Team (MHST)	Private Art Therapy (Lisa Marie Coles)	Chessbrook Education Support Centre	Acorn Centre	Child and Adolscent Mental Health Service (CAMHS)
• All children are reminded to use the Worry notes which can be posted in the Worry Box outside Miss Sherry’s room and Mr Rutherford’s room. These are checked daily and followed up by the adult.	• Informal chats with Mr Rutherford to see how the child is feeling.	• Drawing and Talking Therapy is the number one alternative to CBT and direct talking therapies, that can often be confronting or limiting in the processing of pain or trauma. As an attachment-based therapeutic intervention, Drawing and Talking Therapy is designed to complement CAMHS and other specialist therapies.	• Supporting children by building resilience and self-esteem (affiliation and security, self-hood) • Managing emotions • Emotionally based school avoidance • Loss and bereavement	• For children: • Universal groupwork • Targeted groupwork • Workshops • For Parents/Carers: • Groupwork • Workshops • See menu of primary school support for full range of topics covered	• Lisa Marie Coles is available to Cassiobury Junior School on Thursdays only. • Art Therapy can help children and adults with emotional issues such as bereavement and loss, as well as those with anxiety, depression and specific mental health problems, learning disabilities, ASD, ADHD, Dementia, or chronic/terminal illness. It can also support victims of trauma and abuse.	• Chessbrook’s Extended Roll provision is an umbrella term for a range of interventions that are offered to primary schools. Chessbrook prides itself on the delivery of this valuable provision and the impact that it has on the students. Within our offer, we follow a tiered approach which ensures the right support can be offered at the right time for those most in need.	• The provision supports and provides services for children with SEMH difficulties. This is an umbrella term for children who demonstrate difficulties with emotional regulation and/or social interaction and/or are experiencing mental health problems.	• The service provides interventions for moderate/severe emotional and behavioural difficulties in children and adolescents. • Parents and Carers would need to speak to their GP for a referral t o CAMHS. In some cases, the school can make this referral with parent consent.

The following flow chart shows how the support is triaged by the Mental Health leads.

Child, Parent and Carer or Member of staff shares a concern. What happens next?

